

SUNDAY BRUNCH

Tilda®

My Sunday Best
Pillows



My Sunday Best Pillow

(Ginger colourway)

The Sunday Best theme is continued with two charming pillow designs to match the My Sunday Best Quilts. This pillow features two dress blocks sewn in prints from the Sunday Brunch collection on a ginger Chambray background, while a second pillow has a mustard background. Sewing some buttons to the dress bodice of each block would add a cute decorative touch. See tildasworld.com for the instructions for the two quilt designs and also the mustard version of the pillow.

Difficulty rating **

Materials

- Fabric 1: ½yd (50cm) – Chambray ginger (160041) (background)
- Fabric 2: a fat eighth (see Fabric Notes) – White Flower sour yellow (100590)
- Fabric 3: about a 5in (12.7cm) square – Topsy teal (110115)
- Fabric 4: a fat eighth – Pernille teal (100583)
- Fabric 5: about a 5in (12.7cm) square – White Flower pink (100591)
- Wadding (batting): 26½in x 17½in (67.3cm x 44.5cm)
- Lining fabric (optional): 26½in x 17½in (67.3cm x 44.5cm)
- Fabric for back of pillow: ⅝yd (60cm) – Topsy pink (110121)
- Binding fabric: ¼yd (25cm) – Chambray teal (160004)
- Piecing and quilting threads
- Quilter's ruler, rotary cutter and mat
- Erasable fabric marker
- Sunday Brunch buttons 16mm (400068) – for decoration (optional – 4 buttons)
- Sunday Brunch buttons 16mm (400068) – for pillow fastening (optional – 5 buttons)
- Pillow pad to fit cover

Fabric Notes

A fabric cut of a fat eighth is sufficient for Fabric 2 and Fabric 4 (*not* a long eighth, which won't be deep enough to cut the skirt piece). A fat eighth is assumed to be approximately 10½in x 18in (26.7cm x 45.7cm).

Finished Size

24½in x 15½in (62.2cm x 39.4cm)

General Notes

- Fabric quantities are based on a usable width of 42in (107cm), unless otherwise stated.
- Measurements are in imperial inches with metric conversions in brackets – use only *one* system throughout (preferably inches). Width measurements are generally given first.
- Before using your fabrics, press before cutting and trim as needed to square up the fabric pattern/weave, using a quilting ruler to cut the top raw edge at 90 degrees to the selvages.
- Use ¼in (6mm) seams unless otherwise instructed.
- Read all the instructions through before you start.
- Always make one complete block as a test before going on to make the remaining blocks.

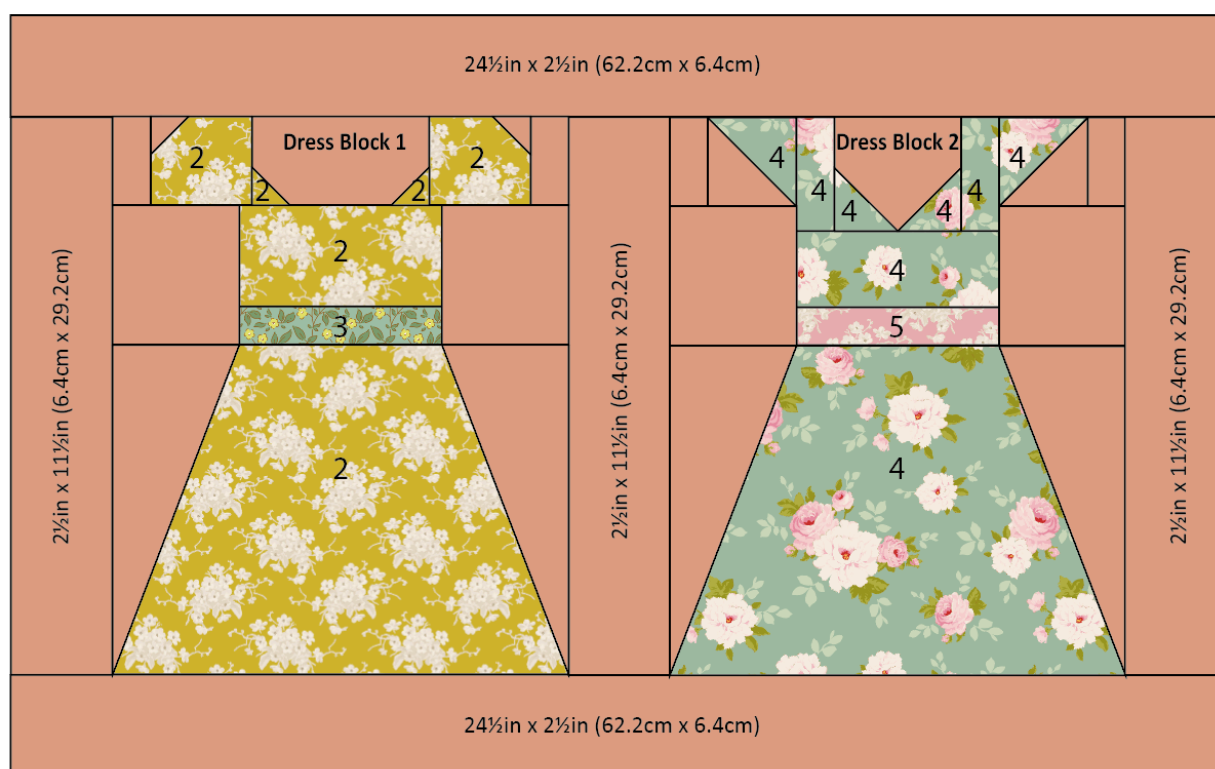
Pillow Layout

1 The pillow is made up of two dress blocks, with two different dress designs – Dress Block 1 and Dress Block 2. Note that the bottom of each block has the same Dress Skirt shape, so only the dress tops are different. Vertical sashing pieces separate the blocks, with a horizontal border along the top and bottom of the patchwork. See **Fig A** for the fabrics used and **Fig B** for the pillow layout and fabric positions.

Fig A Fabric swatches (My Sunday Best Pillow – Ginger)



Fig B Pillow layout and fabric positions (My Sunday Best Pillow – Ginger)



Cutting Out

2 Start by cutting the sashing and border pieces from the background fabric (Fabric 1). Cut the strips across the width of the fabric.

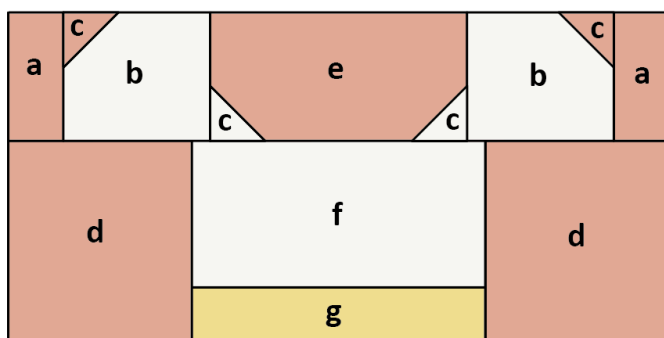
- For vertical sashing, cut three strips 2½in x 11½in (6.4cm x 29.2cm).
- For the top and bottom borders, cut two strips 24½in x 2½in (62.2cm x 6.4cm).

3 Cut the fabrics for the blocks following the cut measurements given in **Fig C**, choosing the correct pattern and measurements for the two different dress tops. Refer to **Fig B** for the fabrics used and their positions.

Fig C Cut measurements for Dress Tops and Skirt

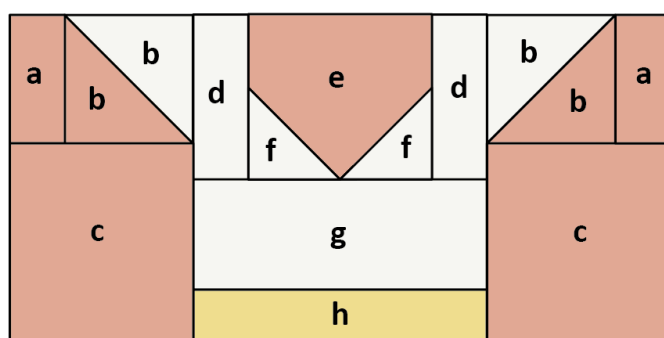
Sizes include ¼in (6mm) seam allowances

All pieces to be cut initially as squares or rectangles



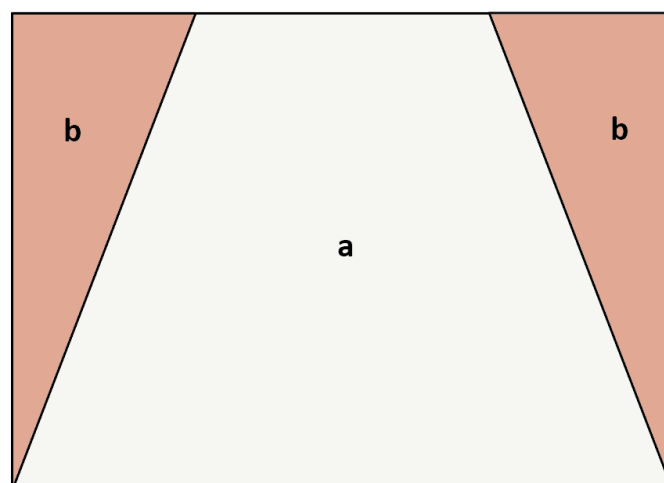
Dress Top 1

- a 1¼in x 2¼in (3.2cm x 5.7cm)
- b 2½in x 2¼in (6.4cm x 5.7cm)
- c 1¼in (3.2cm) square
- d 3in x 3¾in (7.6cm x 8.3cm)
- e 4in x 2¼in (10.2cm x 5.7cm)
- f 4½in x 2½in (11.4cm x 6.4cm)
- g 4½in x 1¼in (11.4cm x 3.2cm)



Dress Top 2

- a 1¼in x 2¼in (3.2cm x 5.7cm)
- b 2⅝in (6.7cm) square, to make 2¼in (5.7cm) unfinished half-square triangles
- c 3in x 3¾in (7.6cm x 8.3cm)
- d 1¼in x 2¾in (3.2cm x 7cm)
- e 3in x 2¾in (7.6cm x 7cm)
- f 1¾in (4.4cm) square
- g 4½in x 2in (11.4cm x 5.1cm)
- h 4½in x 1¼in (11.4cm x 3.2cm)



Dress Skirt

- a 9½in x 7in (24.1cm x 17.8cm)
- b 3in x 7in (7.6cm x 17.8cm)

Whole Dress block:

- 9½in x 11½in (24.1cm x 29.2cm) unfinished

4 From the pillow back fabric, cut two pieces each 25in x 10in (63.5cm x 25.4cm).

5 Cut the binding fabric into three 2½in (6.4cm) x width of fabric strips. Sew the strips together end to end and press seams open. Press the binding in half along the length, wrong sides together.

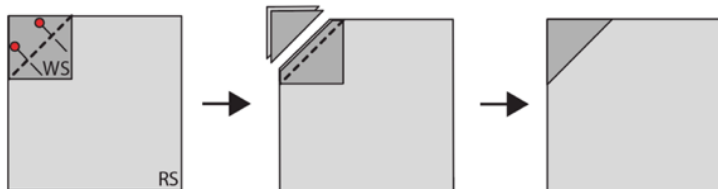
Making a Dress Block

6 There are two Dress blocks in the pillow, each with a different Dress Top unit and the assembly of each top is described and illustrated. The Dress Tops have two main techniques – corner triangle units and half-square triangle (HST) units. We will describe these techniques here, so refer back if needed when sewing the dress tops.

7 **Making corner triangle units:** The basic process is shown in Fig D. Take the larger piece of fabric and place it right side (RS) up. Take the smaller square and pencil mark the diagonal

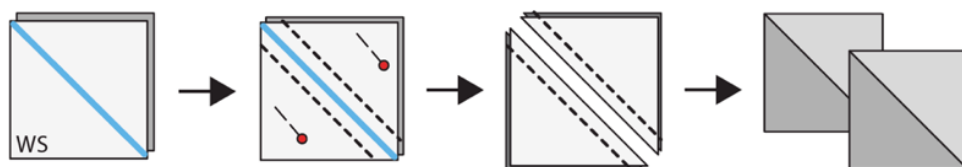
line on the wrong side. Pin the square right sides together with the larger piece of fabric, aligning the edges as shown and with the diagonal line in the direction needed. Sew along the marked line. Trim off excess fabric $\frac{1}{4}$ in (6mm) outside the sewn line and press the triangle outwards. Check the unit is the size it is supposed to be. Some units have more than one corner triangle.

Fig D Making a corner triangle unit



8 Making half-square triangle (HST) units: Dress Top 2 uses HSTs in its construction. The method described here makes two units at the same time, which means enough for one block. The process is shown in **Fig E**. Take two different squares and on the wrong side of the lighter square, pencil mark the diagonal line. Place the two squares right sides (RS) together and sew $\frac{1}{4}$ in (6mm) away from the marked line on both sides, as shown. Cut the units apart along the marked line and press the units. The seam is normally pressed towards the darker fabric. Check each unit is the size it is meant to be – for Dress Top 2 the HSTs should be $2\frac{1}{4}$ in (5.7cm) (unfinished).

Fig E Making half-square triangle units



Making a Dress Skirt

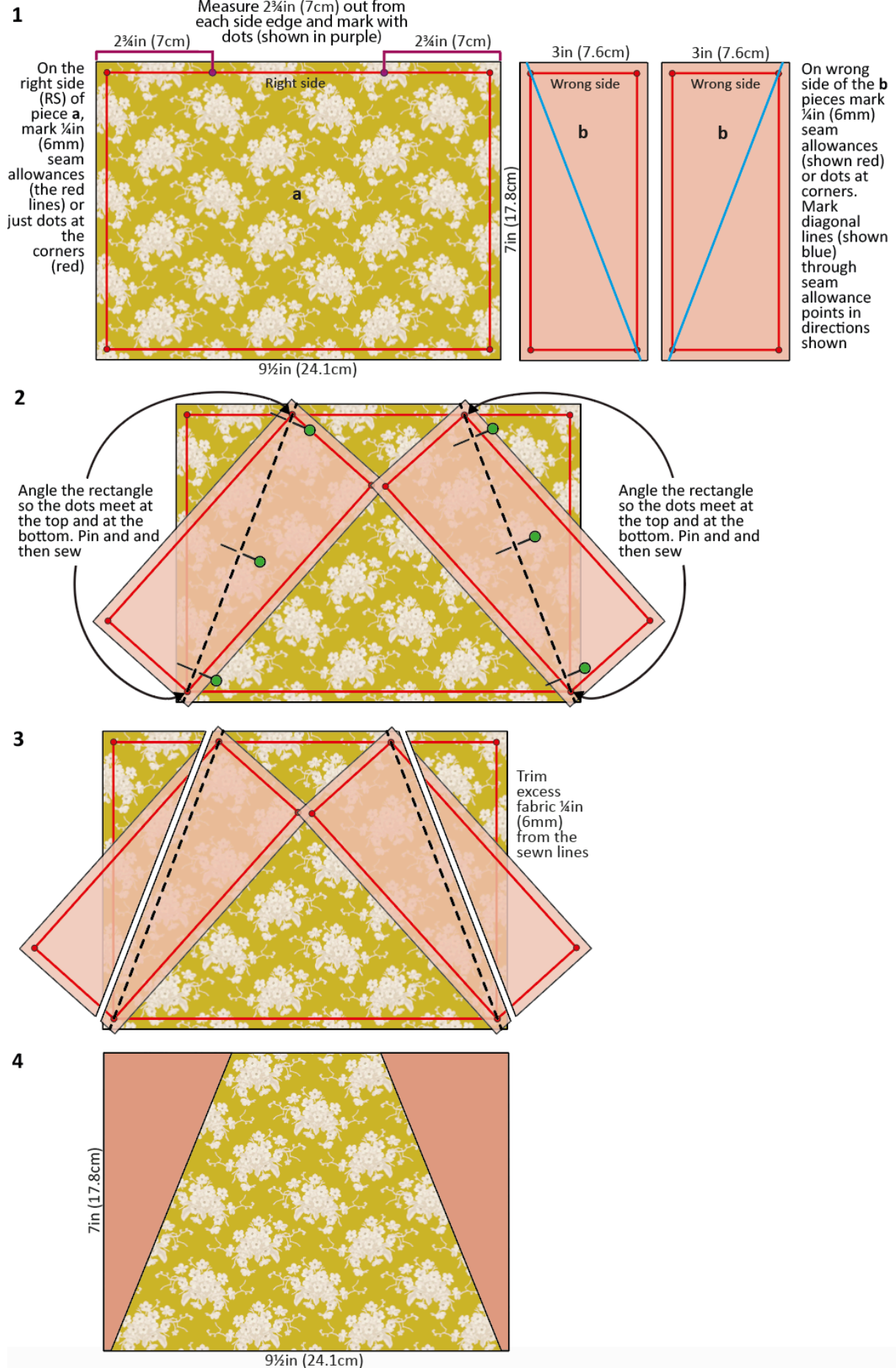
9 Before we look at the assembly of the Dress Tops, we will describe making the Dress Skirt units. These are made the same way for both blocks, but changing fabrics as needed to suit the specific Dress Top. The side angles of the skirt are created with a special technique, as follows and illustrated in **Fig F**.

10 Take piece **a**, and on the right side (RS) use an erasable fabric marker to mark the $\frac{1}{4}$ in (6mm) seam allowances (shown in red on **Fig F 1**), or just mark dots if you prefer. At the top of the unit, mark a dot $2\frac{3}{4}$ in (7cm) out from each side edge (shown by purple dots). On the two background pieces **b**, on the wrong side (WS) pencil mark the $\frac{1}{4}$ in (6mm) seam allowances (or dots at the corners). Mark the diagonal lines in the directions shown, making sure the line goes through the seam allowance dots and *not* the outer corners of the fabric.

11 Take a background piece and with right sides together place it on the print fabric piece, angling it as in **Fig F 2**, so its top seam allowance dot meets the purple dot beneath, and so the seam allowance dots meet at the bottom. Pin in place. Repeat with the other background piece, but angling the opposite way, as shown. Now sew along each marked diagonal line.

12 Using a quilting ruler, trim off excess fabric $\frac{1}{4}$ in (6mm) away from each of the sewn lines, as in **Fig F 3**. Press the triangles outwards and check that their edges are aligned with the edges of the print fabric piece (**Fig F 4**). Remove markings used.

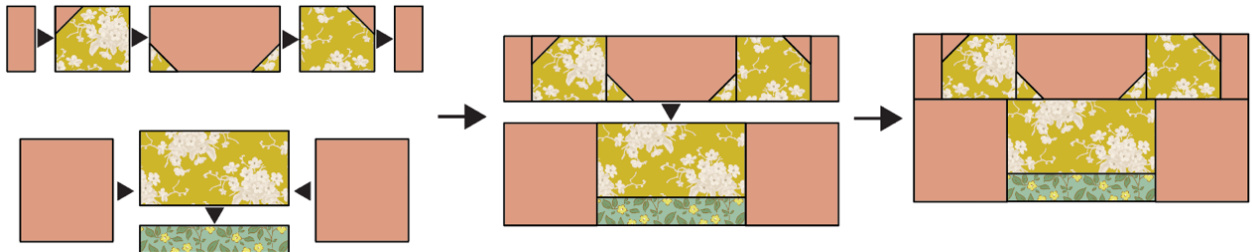
Fig F Making a Dress Skirt unit



Assembling Dress Top 1

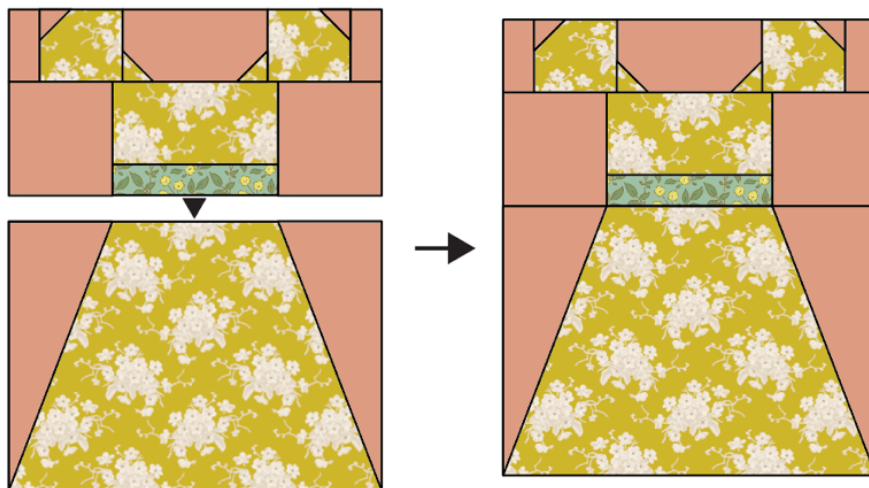
13 Make all of the pieced units needed for Dress Top 1 and then lay them out with the unpieced parts into roughly the layout of the unit. Sew the unit together following the stages in **Fig G**. When sewing pieces together, use $\frac{1}{4}$ in (6mm) seams and press seams open or to one side.

Fig G Assembling Dress Top 1



14 When a Dress Top is made, its corresponding Dress Skirt unit can also be made, so the whole block can be assembled. Make sure the print fabric for the top is the same as the skirt. Dress Block 1 is shown in **Fig H**. The sewn block should be $9\frac{1}{2}$ in x $11\frac{1}{2}$ in (24.1cm x 29.2cm) (unfinished).

Fig H Assembling Dress 1



Assembling Dress Top 2

15 Make all of the pieced units needed for Dress Top 2 and then lay them out with the unpieced parts into roughly the layout of the unit. Sew the unit together following the stages in **Fig I**. Add the Dress Skirt unit to complete the block as shown in **Fig J**.

Fig I Assembling Dress Top 2

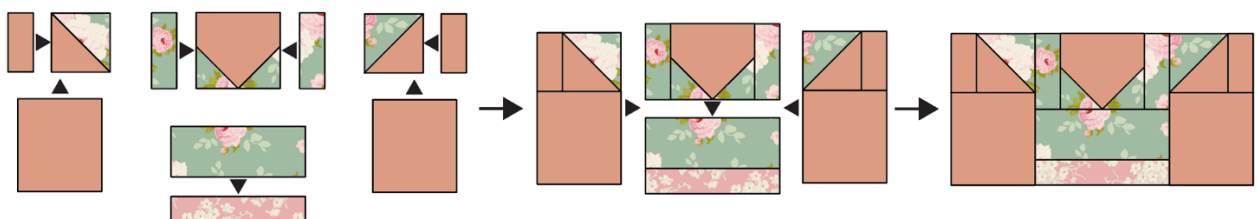
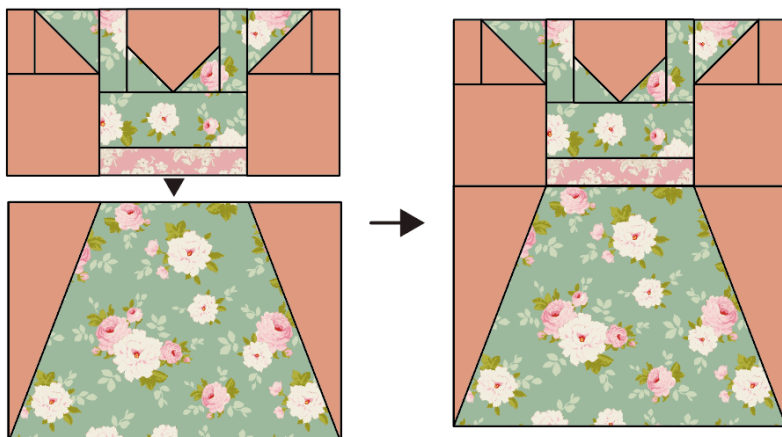
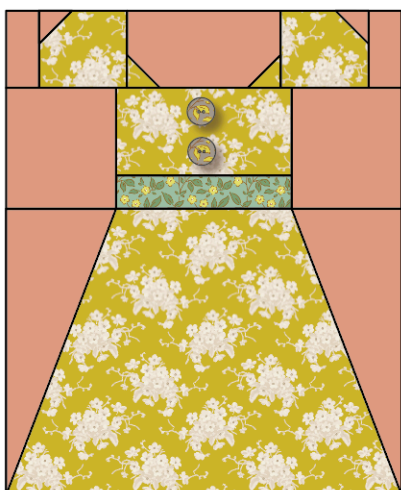


Fig J Assembling Dress 2



16 If you wish you could add two buttons to each of the blocks as a nice decorative touch, as shown in **Fig K**. Sew the buttons in place by hand with matching thread.

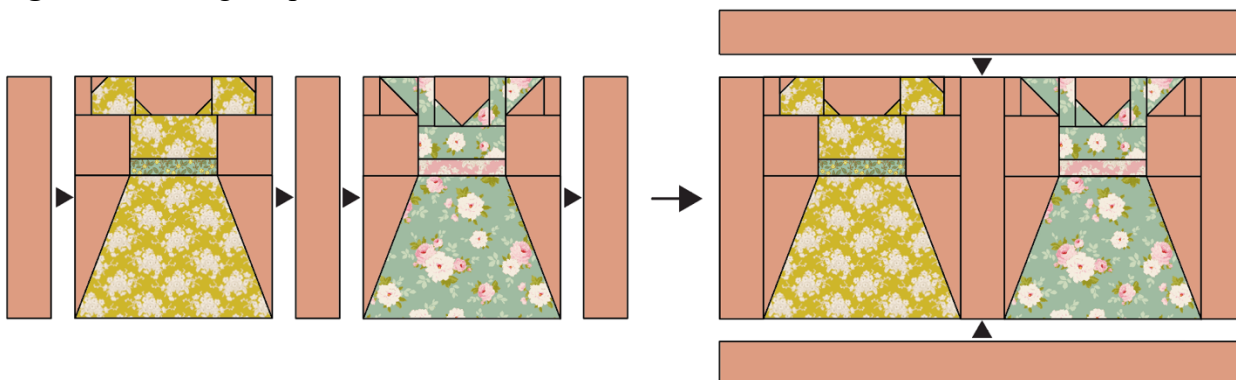
Fig K Adding buttons



Assembling the Patchwork

17 To finish the pillow front, follow **Fig L**, sewing the vertical sashing strips to the blocks, as shown. Press seams open or towards the sashing. Now add the top and bottom border strips and press seams open or towards the borders.

Fig L Assembling the patchwork



Quilting and Finishing

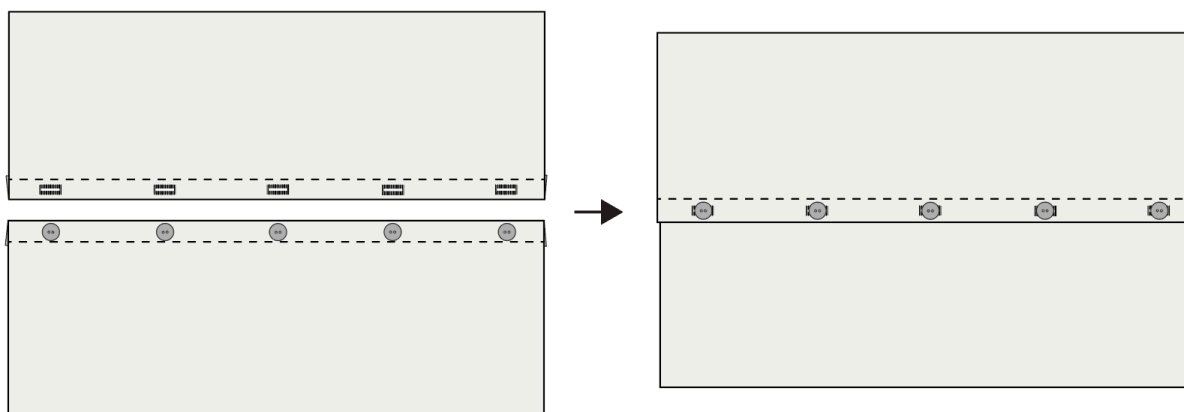
18 Make a quilt sandwich of the patchwork, wadding (batting) and lining fabric (if using). Quilt as desired. Trim off excess wadding and lining fabric to match the patchwork size.

19 To make up the pillow cover, take the two pieces of fabric for the cushion back and on one long edge of each piece, create a hem by turning the edge over by 1 in (2.5cm), twice. Sew the seams with matching thread and press (**Fig M**). The diagram is shown in greys, so you can use the Tilda fabric and buttons suggested in the Materials list, or those of your choice.

20 For the fastening, using your sewing machine, create five equally spaced buttonholes within the hem of one of the pieces. Sew five buttons onto the other piece, matching their positions to the buttonholes. Note: Instead of making buttonholes, you could use a hook and loop fastening, such as Velcro, to fasten the cover and sew on the buttons as a decorative feature.

21 The pillow has a bound edge, so the pieces are assembled with right sides out, as follows. On the backing, fasten the buttons into the buttonholes and place the whole piece right side down. Place the quilted patchwork on top, right side up. Make sure the outer edges of all pieces are aligned. Pin or tack (baste) the layers together and then bind as normal. As you sew the binding in place it will fix the other layers together. Press the cover and insert a pillow pad to finish.

Fig M Making up the cover



My Sunday Best Pillow

(Mustard colourway)

The Sunday Best theme is continued with two charming pillow designs to match the My Sunday Best Quilts. This pillow features two dress blocks sewn in prints from the Sunday Brunch collection on a mustard Chambray background, while a second pillow has a ginger background. Sewing some buttons to the dress bodice of each block would add a cute decorative touch. See tildasworld.com for the instructions for the two quilt designs and also the ginger version of the pillow.

Difficulty rating **

Materials

- Fabric 1: ½yd (50cm) – Chambray mustard (160042) (background)
- Fabric 2: a fat eighth (see Fabric Notes) – Mia blue (100597)
- Fabric 3: about a 5in (12.7cm) square – Topsy ginger (110120)
- Fabric 4: a fat eighth – Pernille pink (100593)
- Fabric 5: about a 5in (12.7cm) square – Topsy cream/blue (110116)
- Wadding (batting): 26½in x 17½in (67.3cm x 44.5cm)
- Lining fabric (optional): 26½in x 17½in (67.3cm x 44.5cm)
- Fabric for back of pillow: ⅝yd (60cm) – Topsy sour yellow (110119)
- Binding fabric: ¼yd (25cm) – Chambray coral (160014)
- Piecing and quilting threads
- Quilter's ruler, rotary cutter and mat
- Erasable fabric marker
- Sunday Brunch buttons 14mm (400069) – for decoration (optional – 4 buttons)
- Sunday Brunch buttons 14mm (400069) – for pillow fastening (optional – 5 buttons)
- Pillow pad to fit cover

Fabric Notes

A fabric cut of a fat eighth is sufficient for Fabric 2 and Fabric 4 (*not* a long eighth, which won't be deep enough to cut the skirt piece). A fat eighth is assumed to be approximately 10½in x 18in (26.7cm x 45.7cm).

Finished Size

24½in x 15½in (62.2cm x 39.4cm)

General Notes

- Fabric quantities are based on a usable width of 42in (107cm), unless otherwise stated.
- Measurements are in imperial inches with metric conversions in brackets – use only *one* system throughout (preferably inches). Width measurements are generally given first.
- Before using your fabrics, press before cutting and trim as needed to square up the fabric pattern/weave, using a quilting ruler to cut the top raw edge at 90 degrees to the selvages.
- Use ¼in (6mm) seams unless otherwise instructed.
- Read all the instructions through before you start.
- Always make one complete block as a test before going on to make the remaining blocks.

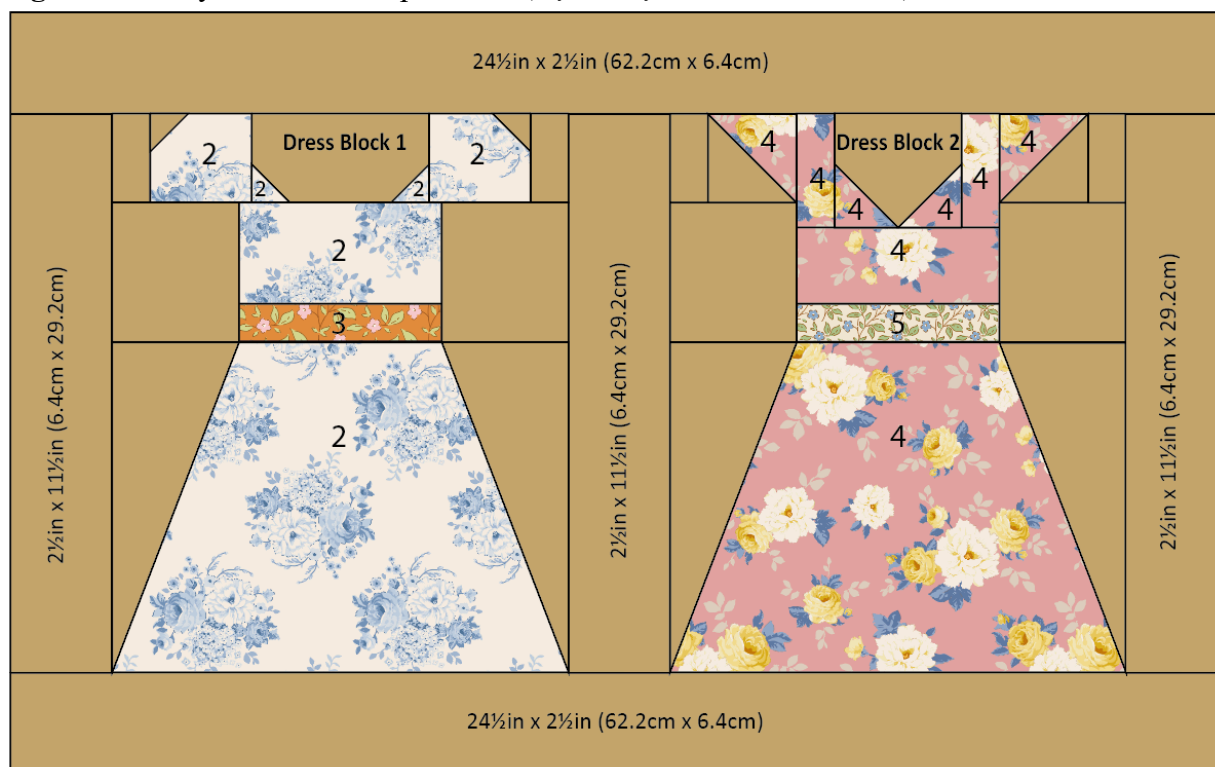
Pillow Layout

1 The pillow is made up of two dress blocks, with two different dress designs – Dress Block 1 and Dress Block 2. Note that the bottom of each block has the same Dress Skirt shape, so only the dress tops are different. Vertical sashing pieces separate the blocks, with a horizontal border along the top and bottom of the patchwork. See **Fig A** for the fabrics used and **Fig B** for the pillow layout and fabric positions.

Fig A Fabric swatches (My Sunday Best Pillow – Mustard)



Fig B Pillow layout and fabric positions (My Sunday Best Pillow – Mustard)



Cutting Out

2 Start by cutting the sashing and border pieces from the background fabric (Fabric 1). Cut the strips across the width of the fabric.

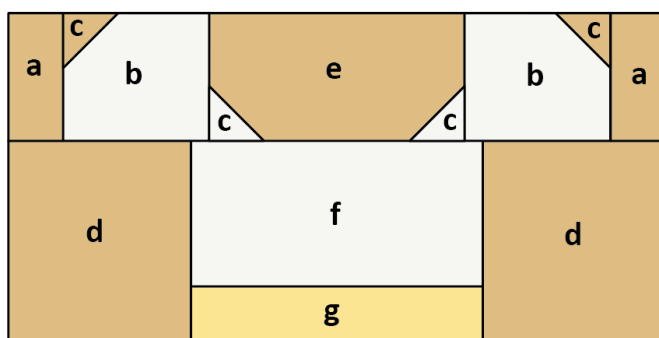
- For vertical sashing, cut three strips 2½ in x 11½ in (6.4 cm x 29.2 cm).
- For the top and bottom borders, cut two strips 24½ in x 2½ in (62.2 cm x 6.4 cm).

3 Cut the fabrics for the blocks following the cut measurements given in **Fig C**, choosing the correct pattern and measurements for the two different dress tops. Refer to **Fig B** for the fabrics used and their positions.

Fig C Cut measurements for Dress Tops and Skirt

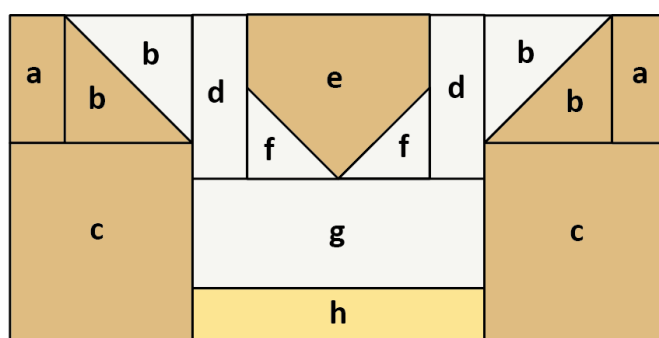
Sizes include ¼in (6mm) seam allowances

All pieces to be cut initially as squares or rectangles



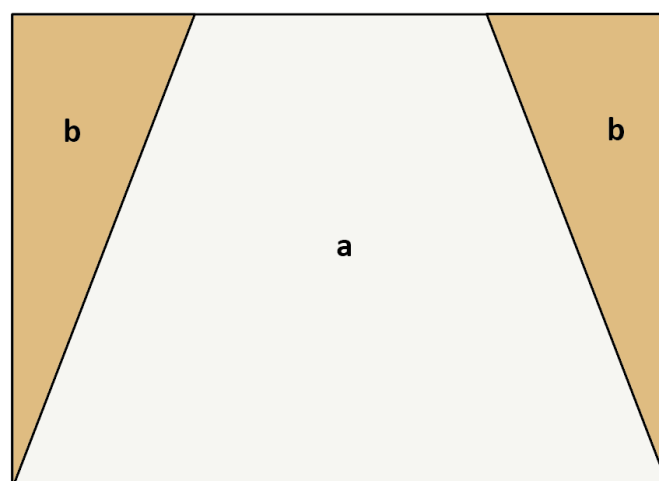
Dress Top 1

- a 1½in x 2¼in (3.2cm x 5.7cm)
- b 2½in x 2¼in (6.4cm x 5.7cm)
- c 1½in (3.2cm) square
- d 3in x 3¾in (7.6cm x 8.3cm)
- e 4in x 2½in (10.2cm x 5.7cm)
- f 4½in x 2½in (11.4cm x 6.4cm)
- g 4½in x 1½in (11.4cm x 3.2cm)



Dress Top 2

- a 1½in x 2¼in (3.2cm x 5.7cm)
- b 2½in (6.7cm) square, to make 2¼in (5.7cm) unfinished half-square triangles
- c 3in x 3¾in (7.6cm x 8.3cm)
- d 1½in x 2¾in (3.2cm x 7cm)
- e 3in x 2¾in (7.6cm x 7cm)
- f 1¾in (4.4cm) square
- g 4½in x 2in (11.4cm x 5.1cm)
- h 4½in x 1½in (11.4cm x 3.2cm)



Dress Skirt

- a 9½in x 7in (24.1cm x 17.8cm)
- b 3in x 7in (7.6cm x 17.8cm)

Whole Dress block:

- 9½in x 11½in (24.1cm x 29.2cm) unfinished

4 From the pillow back fabric, cut two pieces each 25in x 10in (63.5cm x 25.4cm).

5 Cut the binding fabric into three 2½in (6.4cm) x width of fabric strips. Sew the strips together end to end and press seams open. Press the binding in half along the length, wrong sides together.

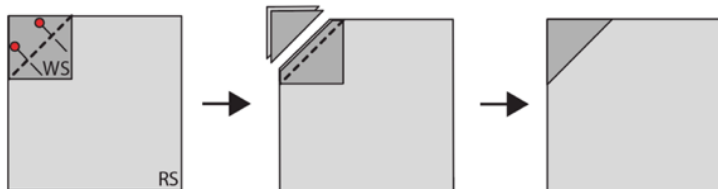
Making a Dress Block

6 There are two Dress blocks in the pillow, each with a different Dress Top unit and the assembly of each top is described and illustrated. The Dress Tops have two main techniques – corner triangle units and half-square triangle (HST) units. We will describe these techniques here, so refer back if needed when sewing the dress tops.

7 **Making corner triangle units:** The basic process is shown in Fig D. Take the larger piece of fabric and place it right side (RS) up. Take the smaller square and pencil mark the diagonal

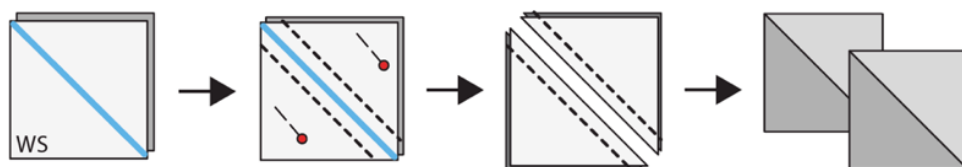
line on the wrong side. Pin the square right sides together with the larger piece of fabric, aligning the edges as shown and with the diagonal line in the direction needed. Sew along the marked line. Trim off excess fabric $\frac{1}{4}$ in (6mm) outside the sewn line and press the triangle outwards. Check the unit is the size it is supposed to be. Some units have more than one corner triangle.

Fig D Making a corner triangle unit



8 Making half-square triangle (HST) units: Dress Top 2 uses HSTs in its construction. The method described here makes two units at the same time, which means enough for one block. The process is shown in **Fig E**. Take two different squares and on the wrong side of the lighter square, pencil mark the diagonal line. Place the two squares right sides (RS) together and sew $\frac{1}{4}$ in (6mm) away from the marked line on both sides, as shown. Cut the units apart along the marked line and press the units. The seam is normally pressed towards the darker fabric. Check each unit is the size it is meant to be – for Dress Top 2 the HSTs should be $2\frac{1}{4}$ in (5.7cm) (unfinished).

Fig E Making half-square triangle units



Making a Dress Skirt

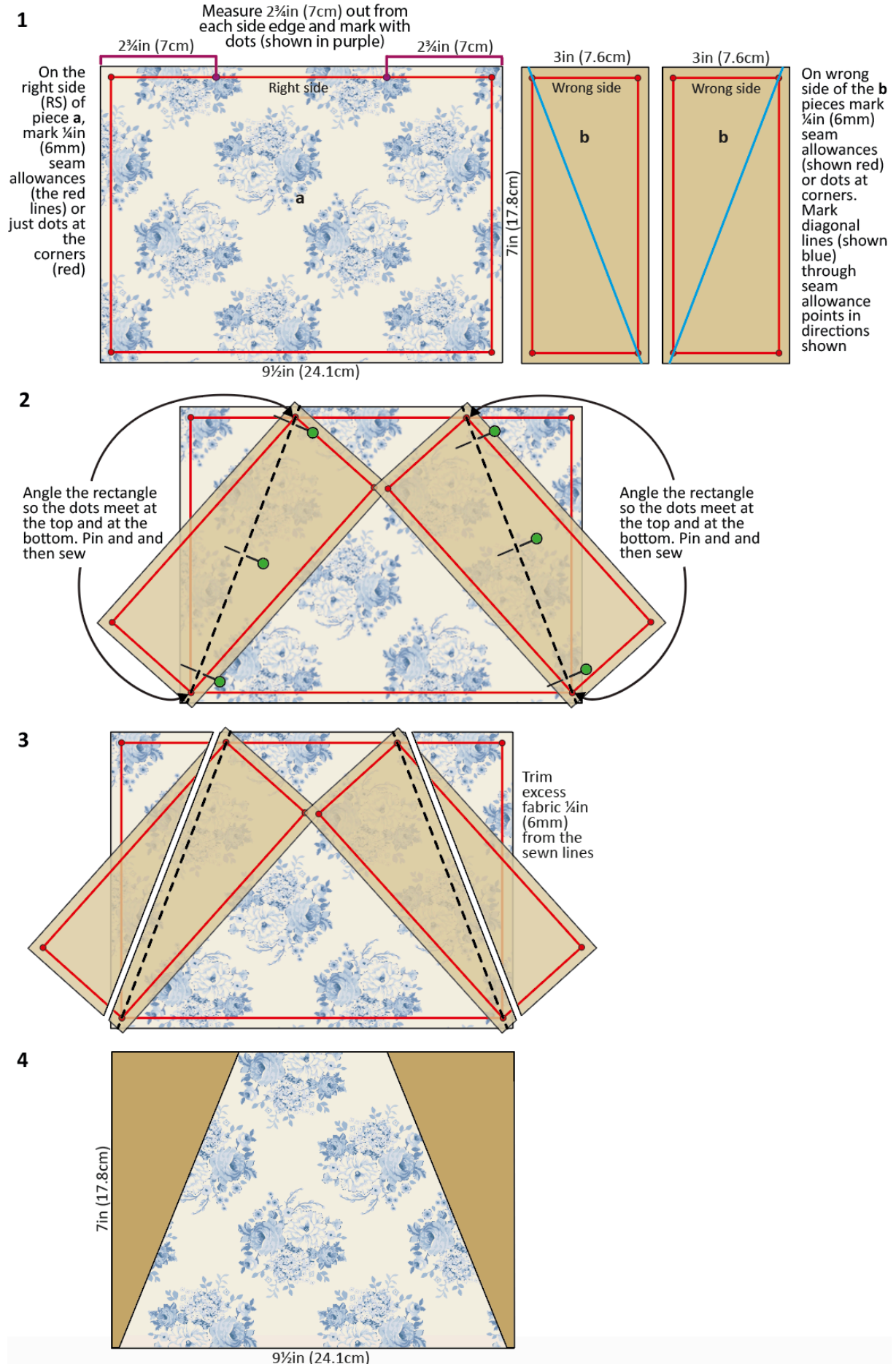
9 Before we look at the assembly of the Dress Tops, we will describe making the Dress Skirt units. These are made the same way for both blocks, but changing fabrics as needed to suit the specific Dress Top. The side angles of the skirt are created with a special technique, as follows and illustrated in **Fig F**.

10 Take piece **a**, and on the right side (RS) use an erasable fabric marker to mark the $\frac{1}{4}$ in (6mm) seam allowances (shown in red on **Fig F 1**), or just mark dots if you prefer. At the top of the unit, mark a dot $2\frac{3}{4}$ in (7cm) out from each side edge (shown by purple dots). On the two background pieces **b**, on the wrong side (WS) pencil mark the $\frac{1}{4}$ in (6mm) seam allowances (or dots at the corners). Mark the diagonal lines in the directions shown, making sure the line goes through the seam allowance dots and *not* the outer corners of the fabric.

11 Take a background piece and with right sides together place it on the print fabric piece, angling it as in **Fig F 2**, so its top seam allowance dot meets the purple dot beneath, and so the seam allowance dots meet at the bottom. Pin in place. Repeat with the other background piece, but angling the opposite way, as shown. Now sew along each marked diagonal line.

12 Using a quilting ruler, trim off excess fabric $\frac{1}{4}$ in (6mm) away from each of the sewn lines, as in **Fig F 3**. Press the triangles outwards and check that their edges are aligned with the edges of the print fabric piece (**Fig F 4**). Remove markings used.

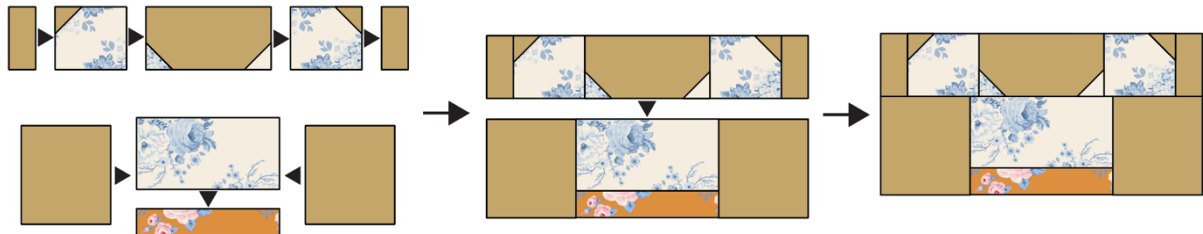
Fig F Making a Dress Skirt unit



Assembling Dress Top 1

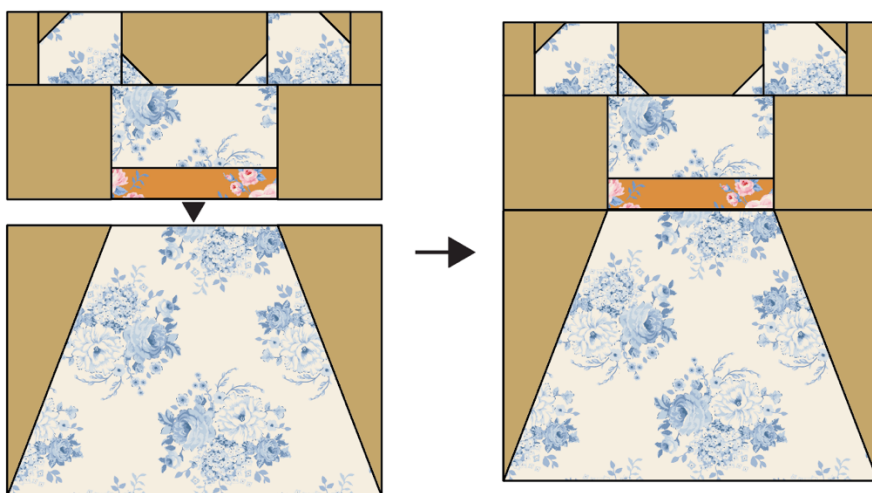
13 Make all of the pieced units needed for Dress Top 1 and then lay them out with the unpieced parts into roughly the layout of the unit. Sew the unit together following the stages in **Fig G**. When sewing pieces together, use $\frac{1}{4}$ in (6mm) seams and press seams open or to one side.

Fig G Assembling Dress Top 1



14 When a Dress Top is made, its corresponding Dress Skirt unit can also be made, so the whole block can be assembled. Make sure the print fabric for the top is the same as the skirt. Dress Block 1 is shown in **Fig H**. The sewn block should be $9\frac{1}{2}$ in x $11\frac{1}{2}$ in (24.1cm x 29.2cm) (unfinished).

Fig H Assembling Dress 1



Assembling Dress Top 2

15 Make all of the pieced units needed for Dress Top 2 and then lay them out with the unpieced parts into roughly the layout of the unit. Sew the unit together following the stages in **Fig I**. Add the Dress Skirt unit to complete the block as shown in **Fig J**.

Fig I Assembling Dress Top 2

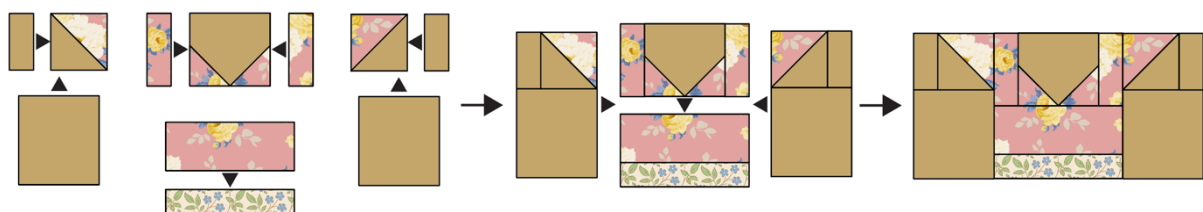
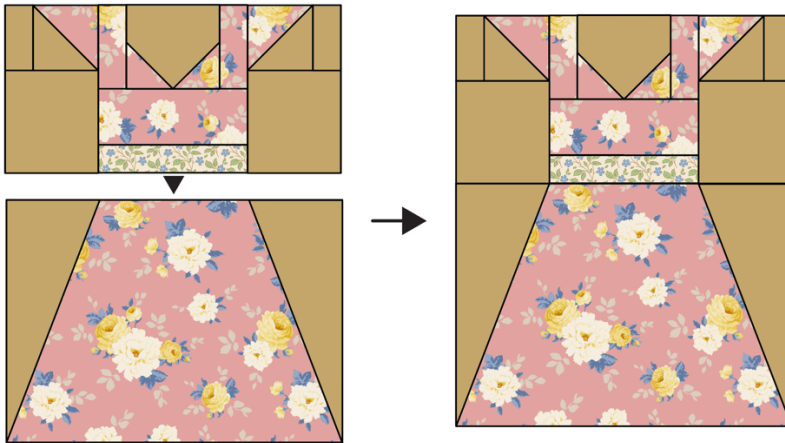
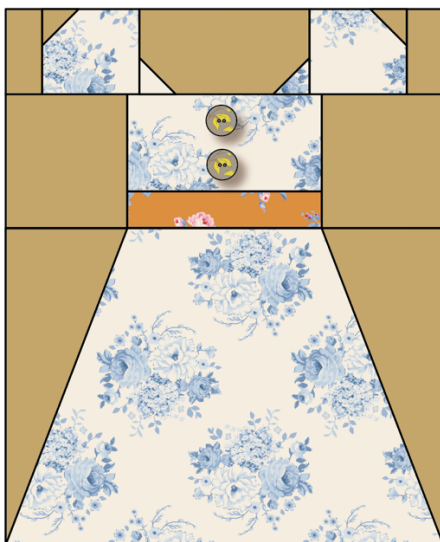


Fig J Assembling Dress 2



16 If you wish you could add two buttons to each of the blocks as a nice decorative touch, as shown in **Fig K**. Sew the buttons in place by hand with matching thread.

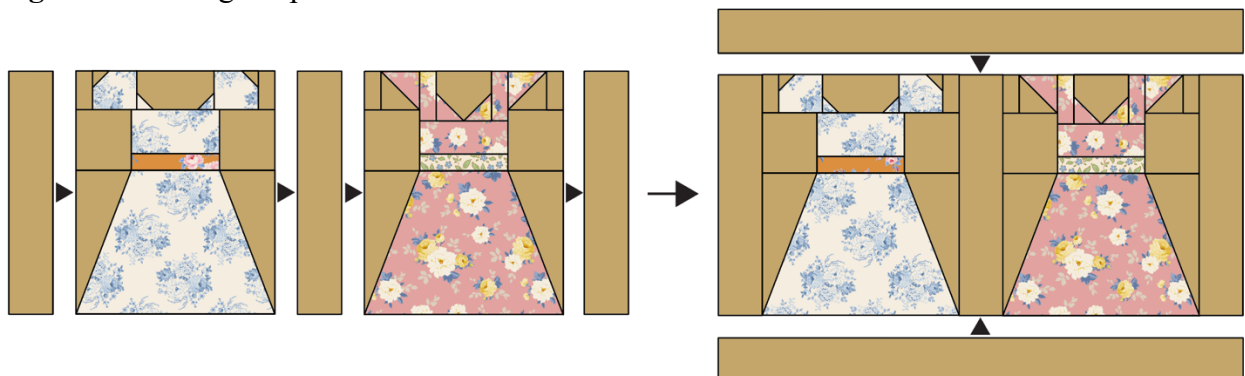
Fig K Adding buttons



Assembling the Patchwork

17 To finish the pillow front, follow **Fig L**, sewing the vertical sashing strips to the blocks, as shown. Press seams open or towards the sashing. Now add the top and bottom border strips and press seams open or towards the borders.

Fig L Assembling the patchwork



Quilting and Finishing

18 Make a quilt sandwich of the patchwork, wadding (batting) and lining fabric (if using). Quilt as desired. Trim off excess wadding and lining fabric to match the patchwork size.

19 To make up the pillow cover, take the two pieces of fabric for the cushion back and on one long edge of each piece, create a hem by turning the edge over by 1 in (2.5cm), twice. Sew the seams with matching thread and press (**Fig M**). The diagram is shown in greys, so you can use the Tilda fabric and buttons suggested in the Materials list, or those of your choice.

20 For the fastening, using your sewing machine, create five equally spaced buttonholes within the hem of one of the pieces. Sew five buttons onto the other piece, matching their positions to the buttonholes. Note: Instead of making buttonholes, you could use a hook and loop fastening, such as Velcro, to fasten the cover and sew on the buttons as a decorative feature.

21 The pillow has a bound edge, so the pieces are assembled with right sides out, as follows. On the backing, fasten the buttons into the buttonholes and place the whole piece right side down. Place the quilted patchwork on top, right side up. Make sure the outer edges of all pieces are aligned. Pin or tack (baste) the layers together and then bind as normal. As you sew the binding in place it will fix the other layers together. Press the cover and insert a pillow pad to finish.

Fig M Making up the cover

