

Sanctuary
Tilda®
Sanctuary Pillows
Two Colors



Sanctuary Pillow

(Cold Colourway)

These stylised little patchwork house blocks are so easy to make that even beginners will enjoy the sewing. Two pillow designs are supplied in warm and cold colourways, which will make perfect companions to the Sanctuary Quilts. The instructions here are for the cold colourway pillow but refer to tildasworld.com for the instructions on how to make the warm version of the pillow and also the two quilt projects.

Difficulty Rating **

Materials

- Fabric 1: about a 6in (15cm) square – Adina eggplant (100571)
- Fabric 2: a fat eighth (*not* a long 1/8yd) – Sanctuary cool (100572)
- Fabric 3: about a 9in (23cm) square – Daisydream pitch blue (100573)
- Fabric 4: about a 6in (15cm) square – Cottonfield eggplant (100574)
- Fabric 5: about a 9in (23cm) square – Larissa eggplant (100575)
- Fabric 6: about a 6in (15cm) square – Sanctuary grey-green (100577)
- Fabric 7: a fat eighth (*not* a long 1/8yd) – Daisydream pistachio (100578)
- Fabric 8: about a 9in (23cm) square – Cottonfield grey-green (100579)
- Fabric 9: about a 9in (23cm) square – Mira lavender (110110)
- Fabric 10: a fat eighth (*not* a long 1/8yd) – Mira sage (110112)
- Fabric 11: about a 6in (15cm) square – Chambray lavender (160009)
- Fabric 12: about a 6in (15cm) square – Chambray blush (160002)
- Fabric 13: about a 6in (15cm) square – Chambray plum (160010)
- Fabric 14: about a 6in (15cm) square – Chambray eggplant (160039)
- Wadding (batting): 27in x 20in (68.5cm x 51cm)
- Fabric for back of pillow: 3/4yd (75cm) – Mira moss (110113)
- Binding fabric: 1/4yd (25cm) – Chambray pine (160033)
- Piecing and quilting threads
- Quilter's ruler, rotary cutter and mat
- Five buttons for back fastening (optional): Sanctuary Buttons 16mm (400067)
- Pillow pad to fit cover

Finished Size

24½in x 17½in (62cm x 44.5cm)

Fabric Notes

Where a fat eighth is given in the Materials list, the cut is assumed to be approximately 10½in x 18in (26.7cm x 45.7cm). Note that a long 1/8yd (15cm) *cannot* be used as it will be insufficient, depth-wise.

General Notes

- Fabric quantities are based on a usable width of 42in (107cm), unless otherwise stated.
- Measurements are in imperial inches with metric conversions in brackets – use only *one* system throughout (preferably inches). Width measurements are generally given first.
- Press fabric before cutting and trim as needed to square up the fabric pattern/weave, using a quilting ruler to cut the top raw edge at 90 degrees to the selvages.
- Use ¼in (6mm) seams unless otherwise instructed.
- Read all the instructions through before you start.
- Always make one complete block as a test before going on to make the remaining blocks.

Pillow Layout

1 The pillow is made up of three House blocks, each in a different colourway, with a border at the bottom of each block to increase the overall depth of the pillow. See **Fig A** for the fabrics used and **Fig B** for the pillow layout and fabric positions.

Fig A Fabric swatches (Sanctuary Pillow – cold)

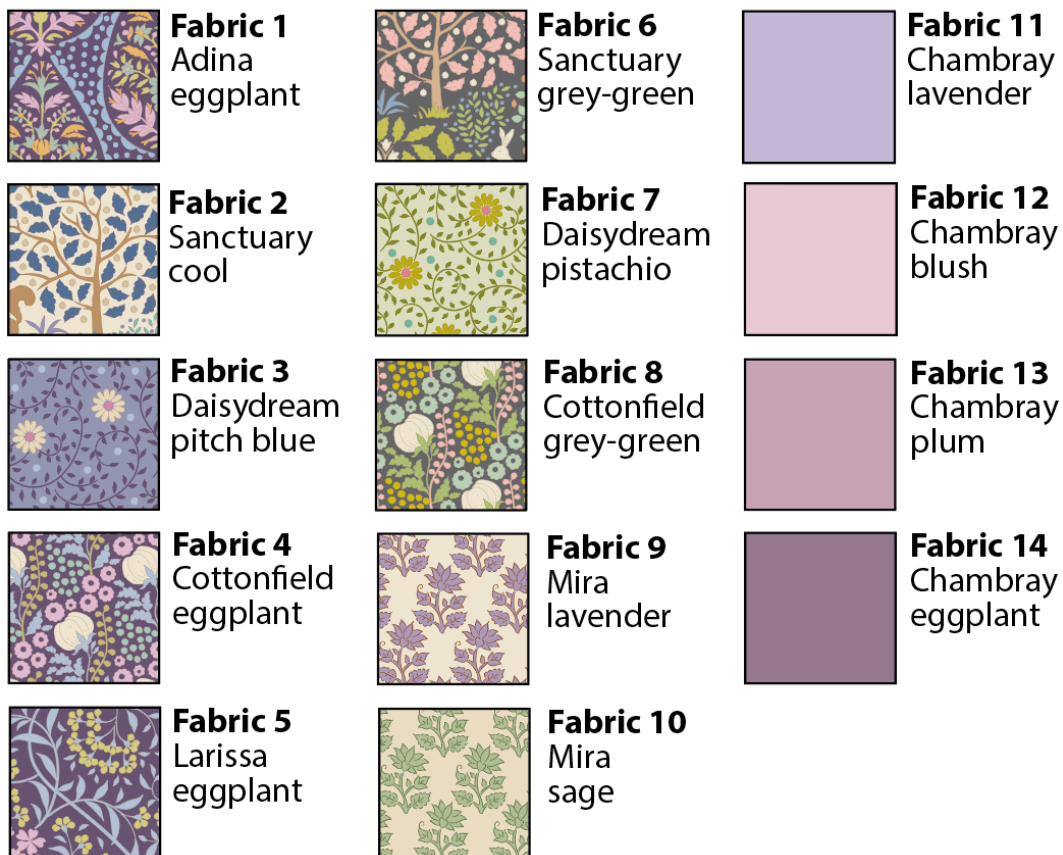
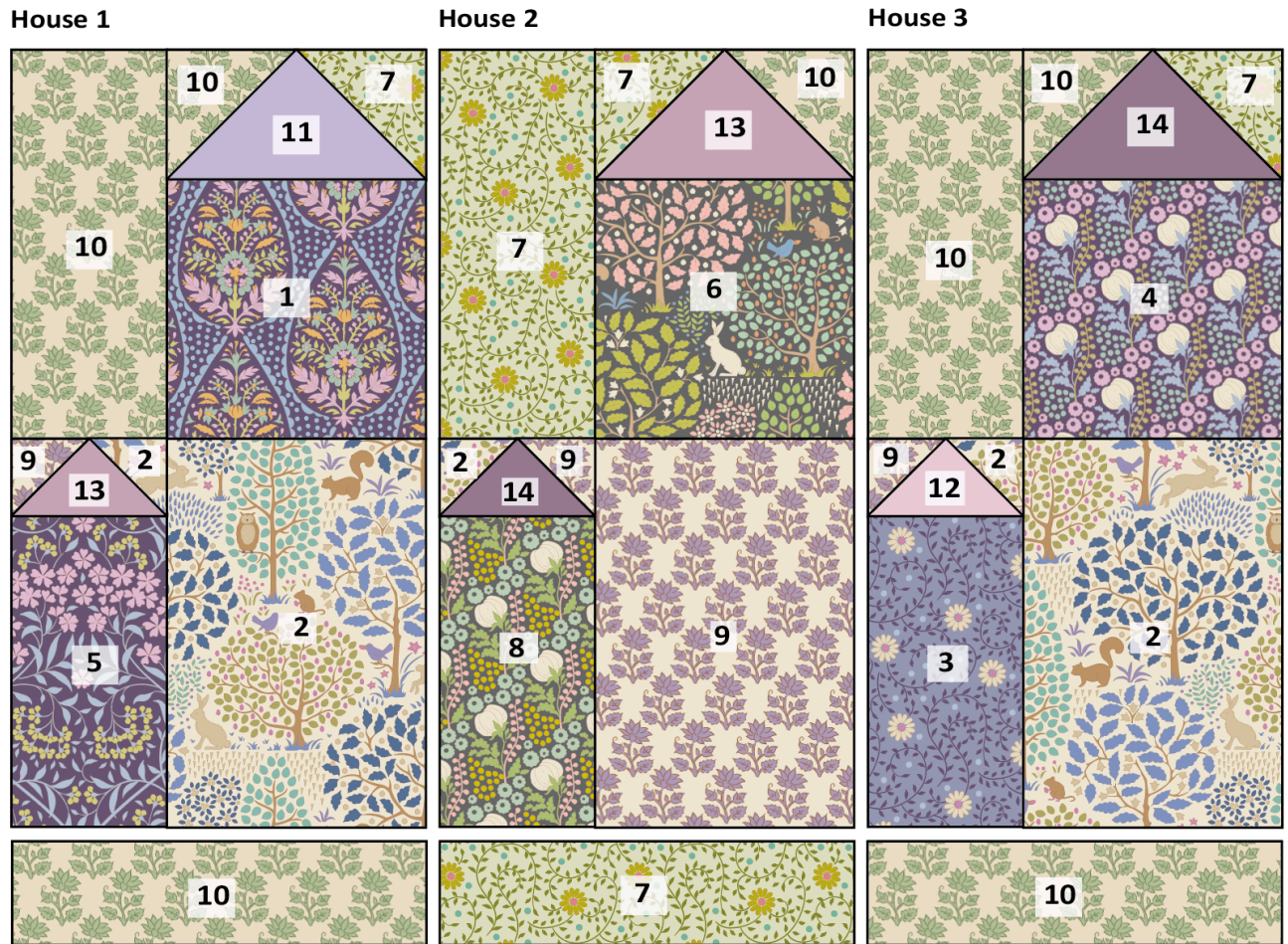


Fig B Pillow layout and fabric positions

Cutting Out

2 Use the following list and **Fig C** to cut all of the pieces for the whole pillow.

- Fabric 1, Fabric 4 and Fabric 6 – cut one 5½in (14cm) square (**d**).
- Fabric 2 – cut two 5½in x 8in (14cm x 20.3cm) (**h**) and three 2in (5.1cm) squares (**f**).
- Fabric 3, Fabric 5 and Fabric 8 – cut one 3½in x 6½in (9cm x 16.5cm) (**g**).
- Fabric 7 – cut one 3½in x 8in (9cm x 20.3cm) (**a**), three 3in (7.6cm) squares (**c**) and one 2½in x 8½in (6.4cm x 21.6cm) (border).
- Fabric 9 – cut one 5½in x 8in (14cm x 20.3cm) (**h**) and three 2in (5.1cm) squares (**f**).
- Fabric 10 – cut two 3½in x 8in (9cm x 20.3cm) (**a**), three 3in (7.6cm) squares (**c**) and two 2½in x 8½in (6.4cm x 21.6cm) (border).
- Fabric 11 – cut one 5½in x 3in (14cm x 7.6cm) (**b**).
- Fabric 12 – cut one 3½in x 2in (9cm x 5.1cm) (**e**).
- Fabric 13 – cut one 5½in x 3in (14cm x 7.6cm) (**b**) and one 3½in x 2in (9cm x 5.1cm) (**e**).
- Fabric 14 – cut one 5½in x 3in (14cm x 7.6cm) (**b**) and one 3½in x 2in (9cm x 5.1cm) (**e**).

3 Cut the fabric for the back of the pillow into two pieces each 25½in x 12in (64.8cm x 30.5cm).

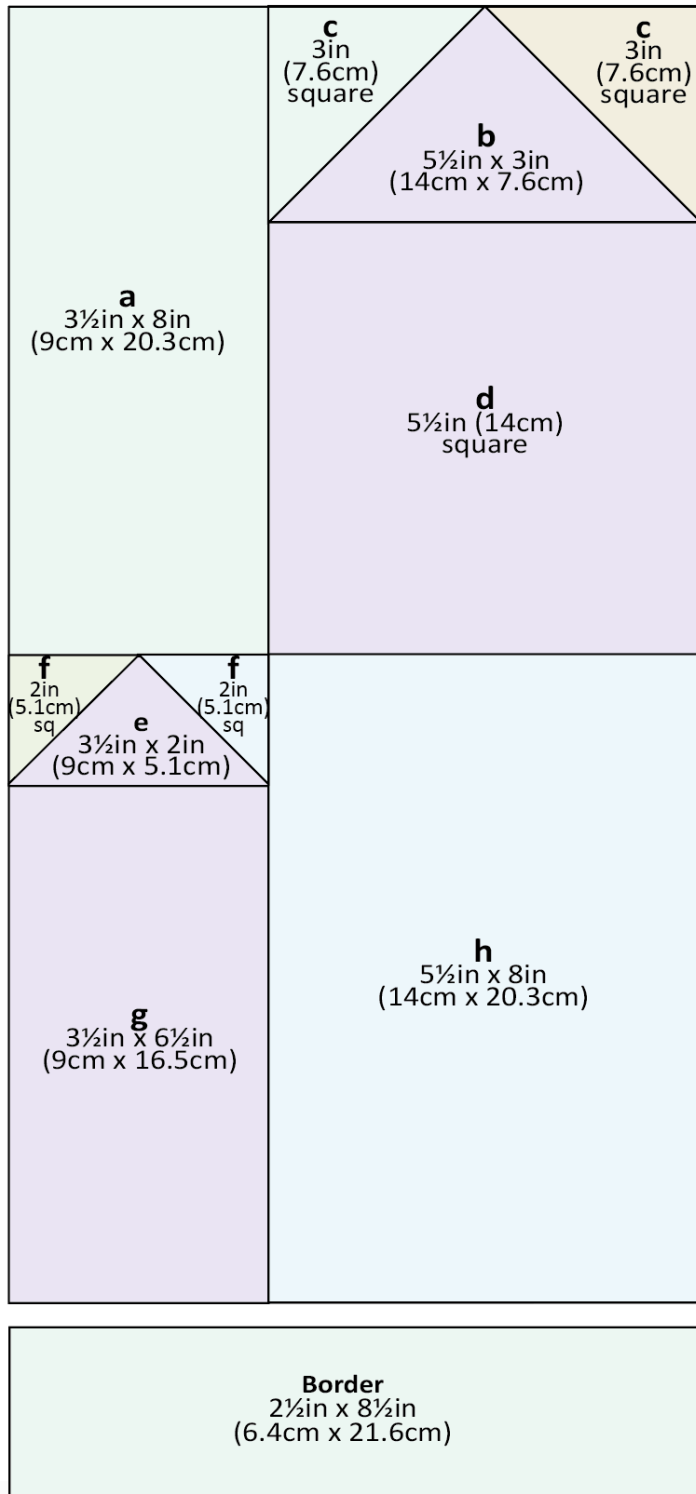
4 Cut the binding fabric into three 2½in (6.4cm) x width of fabric strips. Sew the strips together end to end and press seams open. Press the binding in half along the length, wrong sides together.

Fig C Cut measurements for a House block

Sizes include $\frac{1}{4}$ in (6mm) seam allowances

All pieces to be cut initially as squares or rectangles

House Block: $8\frac{1}{2}$ in x $15\frac{1}{2}$ in (21.6cm x 39.4cm) unfinished



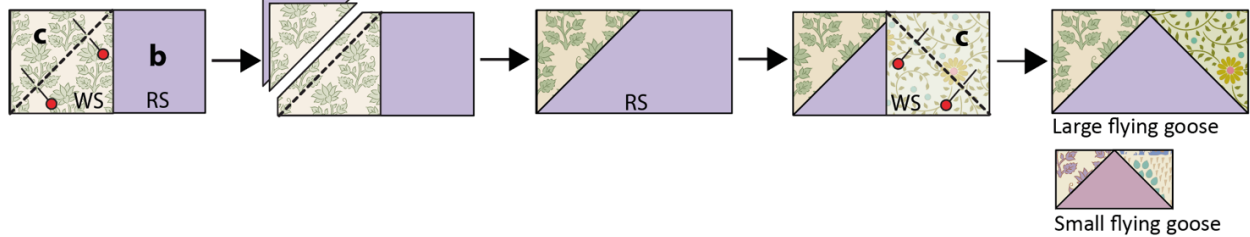
Making a House Block

5 The block is quite simple to make and Block 1 is described and illustrated in detail. Start by making the flying geese units for the house roofs. These are in two sizes in the block. The process for making the larger size is shown in **Fig D** but the smaller one is made in the same way. Note that in each flying geese unit the smaller squares are two different fabrics. Take one rectangle (**b**) for the roof and place it right side up. Take a square (**c**) and pencil mark one diagonal line on the wrong side of the square. Place the square right side down on the left-hand side of the rectangle, aligning the top, bottom and left side and with the diagonal line in the direction shown in **Fig D**. Sew along the marked line. Trim off excess fabric $\frac{1}{4}$ in (6mm) outside of the sewn line and press the triangle outwards. Repeat with the other square (**c**) on the other side of the rectangle, angling the marked line in the opposite direction. Press and trim as before. Check the unit is the same size as the original rectangle.

Fig D Making a House block

Block 1 shown

Making a flying geese unit



6 When the flying geese units for a block have been made, Block 1 can be assembled as follows. Sew piece **g** to the bottom of the small roof and piece **d** to the large roof, as in **Fig E**. Press the seams open or to one side. Sew piece **a** to the left-hand side of the large roof and piece **h** to the right-hand side of the small roof, as shown, and press. Now sew the two parts of the block together, matching seams neatly, and press. Check the block is $8\frac{1}{2}$ in (21.6cm) wide x $15\frac{1}{2}$ in (39.4cm) tall.

7 Add the border piece to the bottom of the block, as in **Fig F**, pressing the seam open.

8 Repeat this block-making process to make the other two blocks, changing fabrics as needed (see **Fig B**). Add the border pieces to the other two blocks.

Fig E Assembling House 1

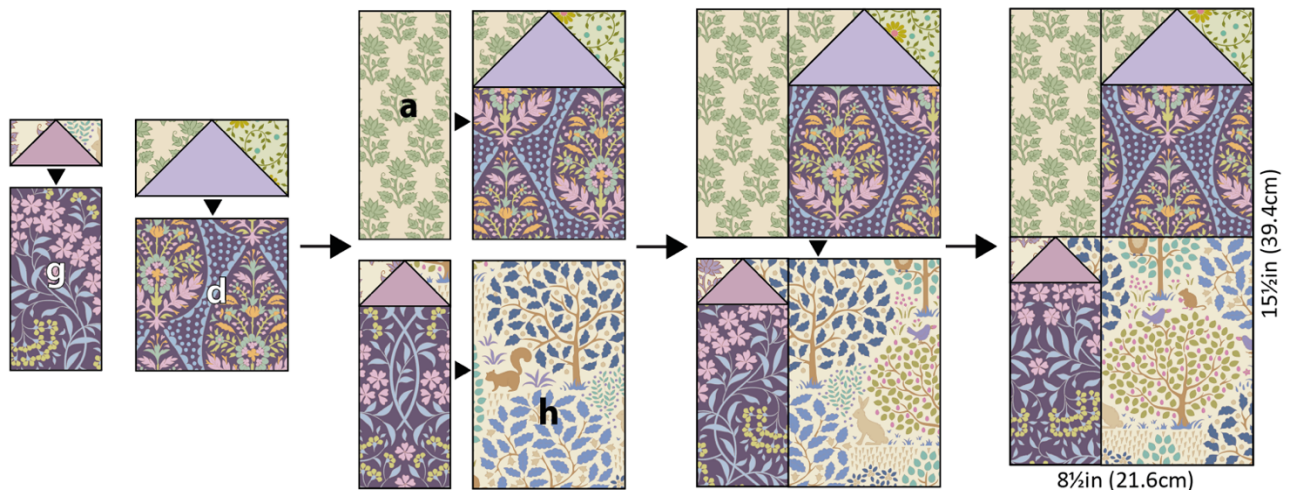
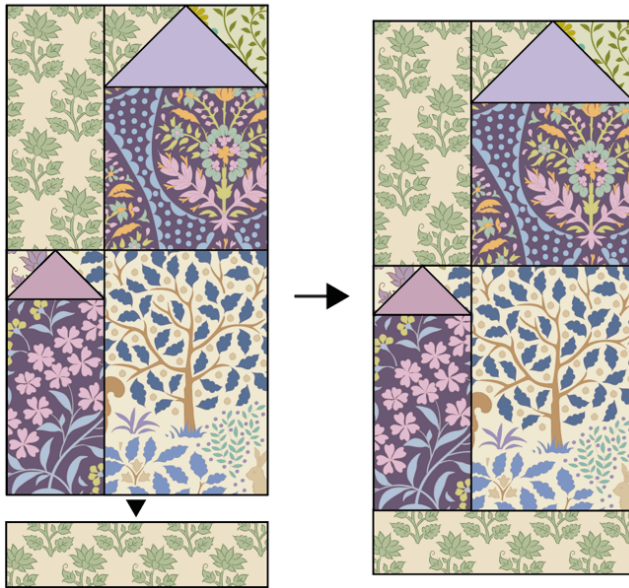
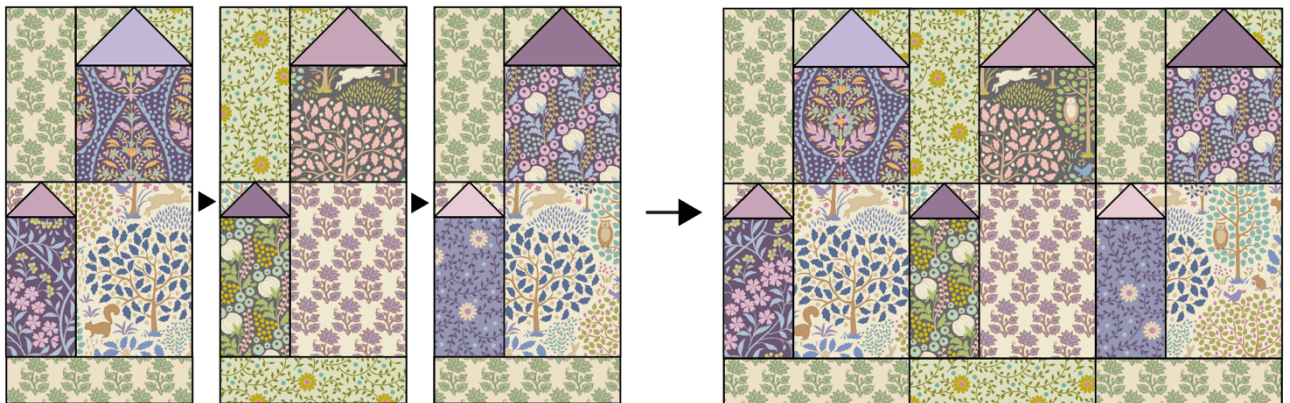


Fig F Adding the border**Assembling the Pillow**

9 Sew the three blocks together as shown in **Fig G**, matching seams neatly where needed. Press seams to one side or open.

Fig G Sewing the patchwork together**Quilting and Finishing**

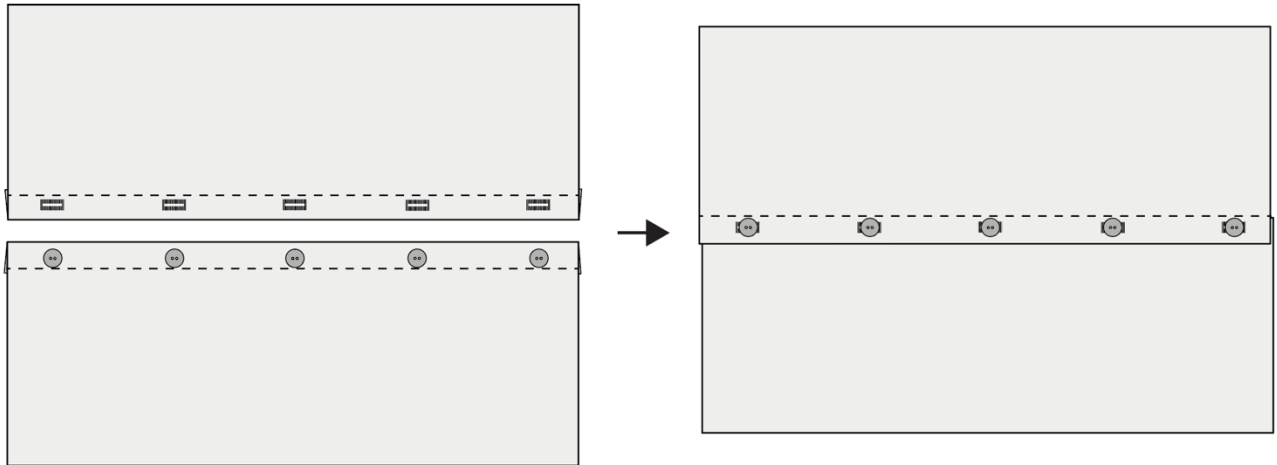
10 Make a quilt sandwich of the patchwork, wadding (batting) and lining fabric (if using). Quilt as desired. Trim off excess wadding and lining fabric to match the patchwork size.

11 To make up the pillow cover, take the two pieces of fabric for the cushion back and on one long edge of each piece, create a hem by turning the edge over by 1in (2.5cm), twice. Sew the seams with matching thread and press (**Fig H**). The diagram is shown in greys, so you can use the Tilda fabric and buttons suggested in the Materials list, or those of your choice.

12 For the fastening, using your sewing machine, create five equally spaced buttonholes within the hem of one of the pieces. Sew five buttons onto the other piece, matching their positions to the buttonholes. Note: Instead of making buttonholes, you could use a hook and loop fastening, such as Velcro, to fasten the cover and sew on the buttons as a decorative feature.

13 The pillow has a bound edge, so the pieces are assembled with right sides out, as follows. On the backing, fasten the buttons into the buttonholes and place the whole piece right side down. Place the quilted patchwork on top, right side up. Make sure the outer edges of all pieces are aligned. Pin or tack (baste) the layers together and then bind as normal. As you sew the binding in place it will fix the other layers together. Press the cover and insert a pillow pad to finish.

Fig H Making up the cover



Sanctuary Pillow

(Warm Colourway)

These stylised little patchwork house blocks are so easy to make that even beginners will enjoy the sewing. Two pillow designs are supplied in warm and cold colourways, which will make perfect companions to the Sanctuary Quilts. See tildasworld.com for the instructions on how to make the cold colourway version of the pillow and also the two quilt projects.

Difficulty Rating **

Materials

- Fabric 1: about a 6in (15cm) square – Adina maroon (100561)
- Fabric 2: a fat eighth (*not* a long $\frac{1}{8}$ yd) – Sanctuary warm (100562)
- Fabric 3: about a 9in (23cm) square – Daisydream rhubarb (100563)
- Fabric 4: about a 6in (15cm) square – Cottonfield maroon (100564)
- Fabric 5: about a 9in (23cm) square – Larissa rhubarb (100565)
- Fabric 6: about a 6in (15cm) square – Sanctuary caramel (100567)
- Fabric 7: a fat eighth (*not* a long $\frac{1}{8}$ yd) – Daisydream tan (100568)
- Fabric 8: about a 9in (23cm) square – Cottonfield ochre (100569)
- Fabric 9: about a 9in (23cm) square – Mira pink (110106)
- Fabric 10: a fat eighth (*not* a long $\frac{1}{8}$ yd) – Mira ochre (110108)
- Fabric 11: about a 6in (15cm) square – Chambray petrol (160005)
- Fabric 12: about a 6in (15cm) square – Chambray blue (160008)
- Fabric 13: about a 6in (15cm) square – Chambray sage (160011)
- Fabric 14: about a 6in (15cm) square – Chambray prussian (160031)
- Wadding (batting): 27in x 20in (68.5cm x 51cm)
- Fabric for back of pillow: $\frac{3}{4}$ yd (75cm) – Mira rhubarb (110105)
- Binding fabric: $\frac{1}{4}$ yd (25cm) – Chambray mustard (160042)
- Piecing and quilting threads
- Quilter's ruler, rotary cutter and mat
- Five buttons for back fastening (optional): Sanctuary Buttons 18mm (400066)
- Pillow pad to fit cover

Finished Size

24½in x 17½in (62cm x 44.5cm)

Fabric Notes

Where a fat eighth is given in the Materials list, the cut is assumed to be approximately 10½in x 18in (26.7cm x 45.7cm). Note that a long $\frac{1}{8}$ yd (15cm) *cannot* be used as it will be insufficient, depth-wise.

General Notes

- Fabric quantities are based on a usable width of 42in (107cm), unless otherwise stated.
- Measurements are in imperial inches with metric conversions in brackets – use only *one* system throughout (preferably inches). Width measurements are generally given first.
- Press fabric before cutting and trim as needed to square up the fabric pattern/weave, using a quilting ruler to cut the top raw edge at 90 degrees to the selvages.
- Use ¼in (6mm) seams unless otherwise instructed.
- Read all the instructions through before you start.
- Always make one complete block as a test before going on to make the remaining blocks.

Pillow Layout

1 The pillow is made up of three House blocks, each in a different colourway, with a border at the bottom of each block to increase the overall depth of the pillow. See **Fig A** for the fabrics used and **Fig B** for the pillow layout and fabric positions.

Fig A Fabric swatches (Sanctuary Pillow – warm)

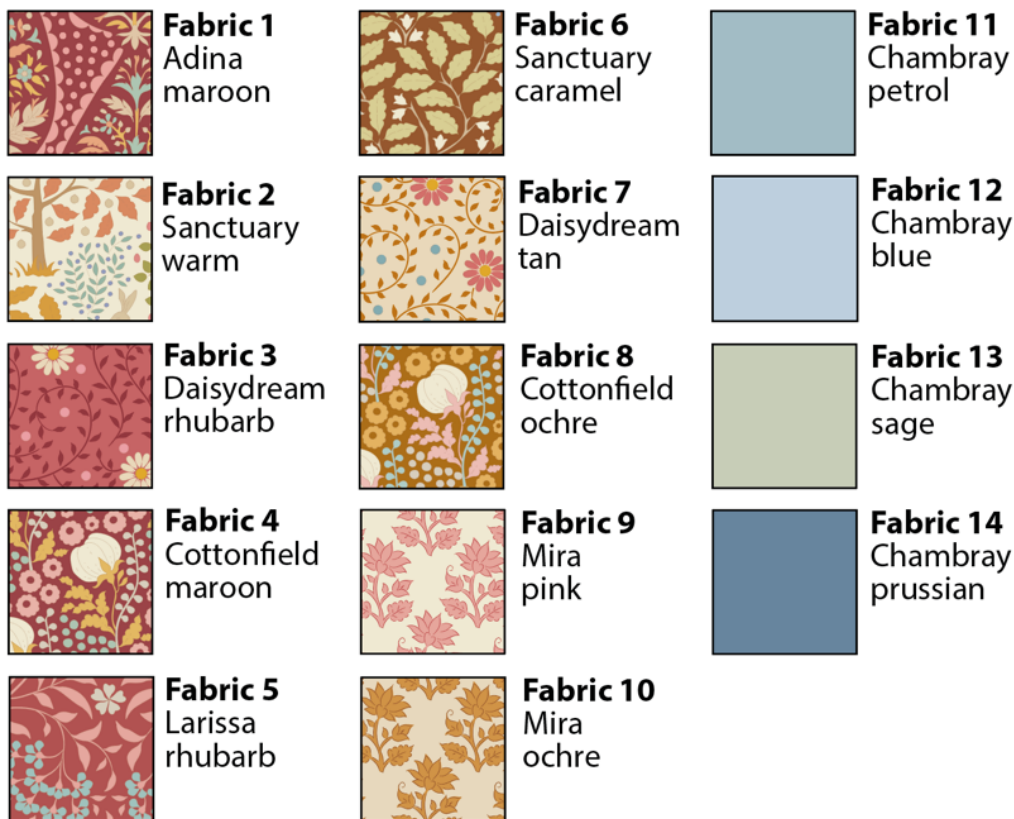
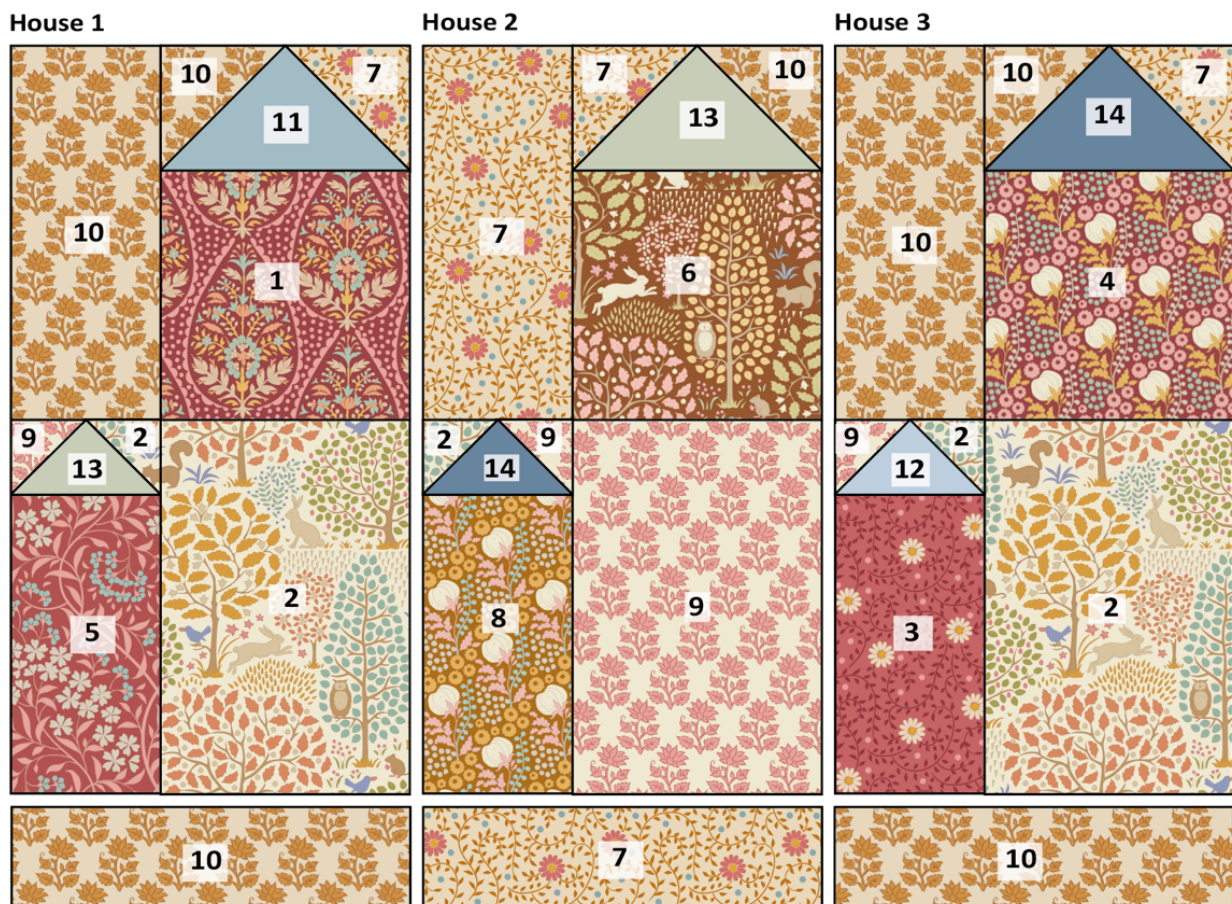


Fig B Pillow layout and fabric positions

Cutting Out

2 Use the following list and **Fig C** to cut all of the pieces for the whole pillow.

- Fabric 1, Fabric 4 and Fabric 6 – cut one 5½in (14cm) square (**d**).
- Fabric 2 – cut two 5½in x 8in (14cm x 20.3cm) (**h**) and three 2in (5.1cm) squares (**f**).
- Fabric 3, Fabric 5 and Fabric 8 – cut one 3½in x 6½in (9cm x 16.5cm) (**g**).
- Fabric 7 – cut one 3½in x 8in (9cm x 20.3cm) (**a**), three 3in (7.6cm) squares (**c**) and one 2½in x 8½in (6.4cm x 21.6cm) (border).
- Fabric 9 – cut one 5½in x 8in (14cm x 20.3cm) (**h**) and three 2in (5.1cm) squares (**f**).
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- Fabric 12 – cut one 3½in x 2in (9cm x 5.1cm) (**e**).
- Fabric 13 – cut one 5½in x 3in (14cm x 7.6cm) (**b**) and one 3½in x 2in (9cm x 5.1cm) (**e**).
- Fabric 14 – cut one 5½in x 3in (14cm x 7.6cm) (**b**) and one 3½in x 2in (9cm x 5.1cm) (**e**).

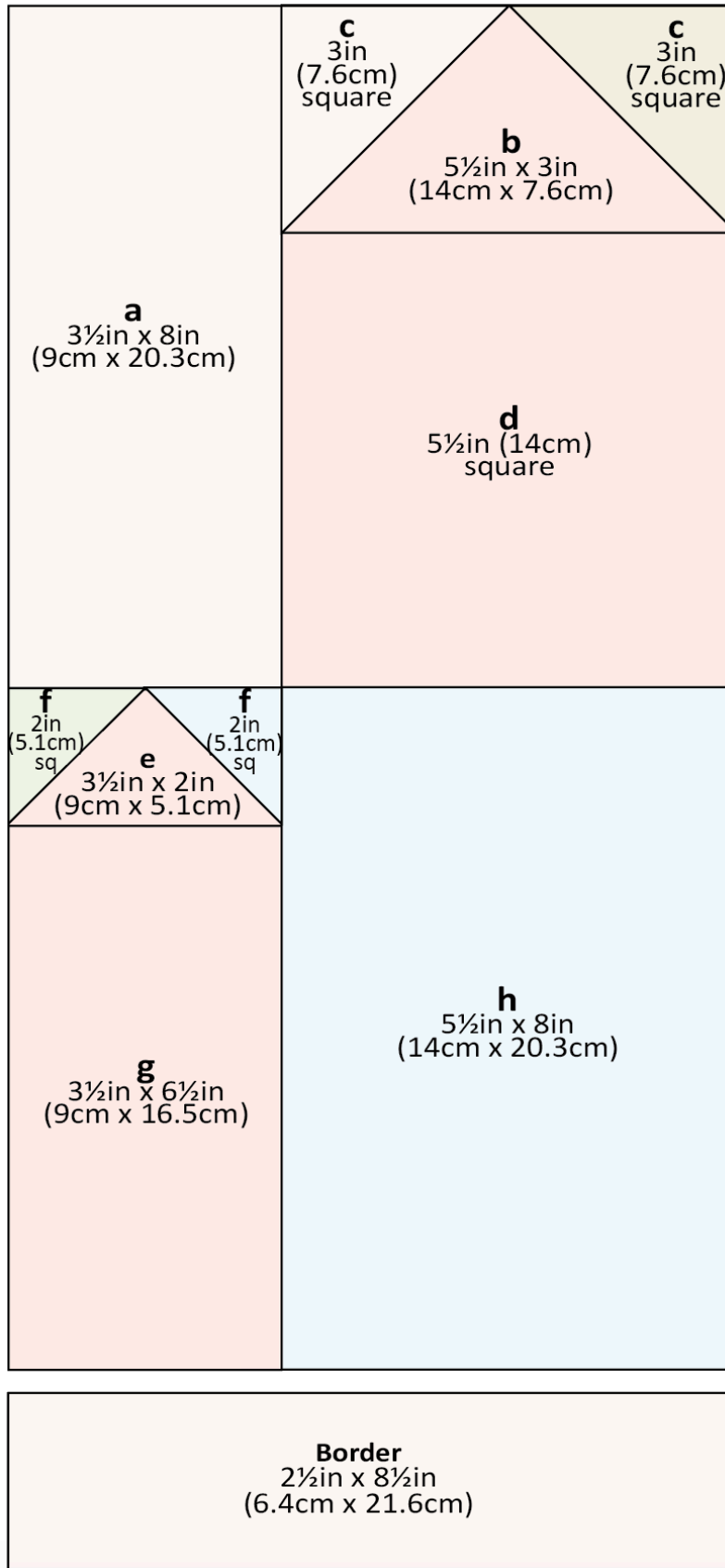
3 Cut the fabric for the back of the pillow into two pieces each 25½in x 12in (64.8cm x 30.5cm).

4 Cut the binding fabric into three 2½in (6.4cm) x width of fabric strips. Sew the strips together end to end and press seams open. Press the binding in half along the length, wrong sides together.

Fig C Cut measurements for a House block

Sizes include $\frac{1}{4}$ in (6mm) seam allowances. All pieces to be cut initially as squares or rectangles

House Block: $8\frac{1}{2}$ in x $15\frac{1}{2}$ in (21.6cm x 39.4cm) unfinished



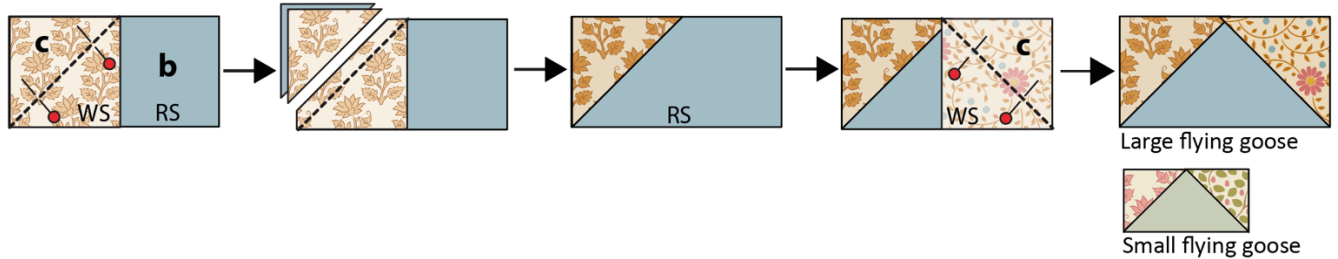
Making a House Block

5 The block is quite simple to make and Block 1 is described and illustrated in detail. Start by making the flying geese units for the house roofs. These are in two sizes in the block. The process for making the larger size is shown in **Fig D** but the smaller one is made in the same way. Note that in each flying geese unit the smaller squares are two different fabrics. Take one rectangle (**b**) for the roof and place it right side up. Take a square (**c**) and pencil mark one diagonal line on the wrong side of the square. Place the square right side down on the left-hand side of the rectangle, aligning the top, bottom and left side and with the diagonal line in the direction shown in **Fig D**. Sew along the marked line. Trim off excess fabric $\frac{1}{4}$ in (6mm) outside of the sewn line and press the triangle outwards. Repeat with the other square (**c**) on the other side of the rectangle, angling the marked line in the opposite direction. Press and trim as before. Check the unit is the same size as the original rectangle.

Fig D Making a House block

Block 1 shown

Making a flying geese unit



6 When the flying geese units for a block have been made, Block 1 can be assembled as follows. Sew piece **g** to the bottom of the small roof and piece **d** to the large roof, as in **Fig E**. Press the seams open or to one side. Sew piece **a** to the left-hand side of the large roof and piece **h** to the right-hand side of the small roof, as shown, and press. Now sew the two parts of the block together, matching seams neatly, and press. Check the block is $8\frac{1}{2}$ in (21.6cm) wide x $15\frac{1}{2}$ in (39.4cm) tall.

7 Add the border piece to the bottom of the block, as in **Fig F**, pressing the seam open.

8 Repeat this block-making process to make the other two blocks, changing fabrics as needed (see **Fig B**). Add the border pieces to the other two blocks.

Fig E Assembling House 1

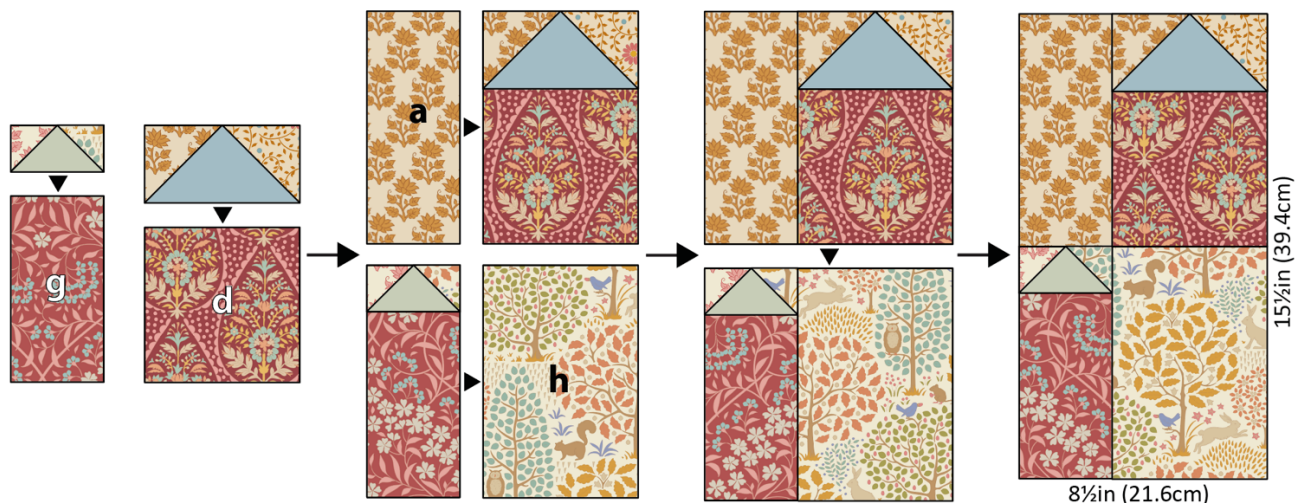
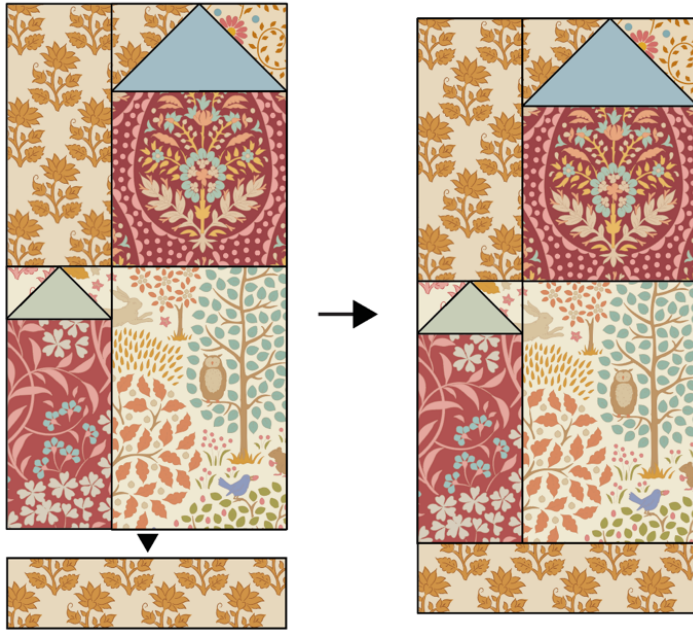
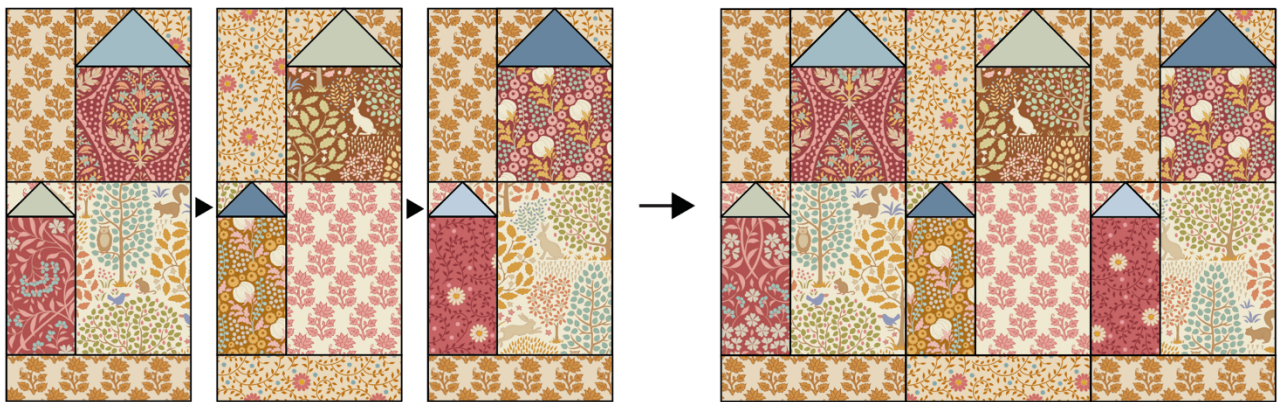


Fig F Adding the border**Assembling the Pillow**

9 Sew the three blocks together as shown in **Fig G**, matching seams neatly where needed. Press seams to one side or open.

Fig G Sewing the patchwork together**Quilting and Finishing**

10 Make a quilt sandwich of the patchwork, wadding (batting) and lining fabric (if using). Quilt as desired. Trim off excess wadding and lining fabric to match the patchwork size.

11 To make up the pillow cover, take the two pieces of fabric for the cushion back and on one long edge of each piece, create a hem by turning the edge over by 1 in (2.5cm), twice. Sew the seams with matching thread and press (**Fig H**). The diagram is shown in greys, so you can use the Tilda fabric and buttons suggested in the Materials list, or those of your choice.

12 For the fastening, using your sewing machine, create five equally spaced buttonholes within the hem of one of the pieces. Sew five buttons onto the other piece, matching their positions to the buttonholes. Note: Instead of making buttonholes, you could use a hook and loop fastening, such as Velcro, to fasten the cover and sew on the buttons as a decorative feature.

13 The pillow has a bound edge, so the pieces are assembled with right sides out, as follows. On the backing, fasten the buttons into the buttonholes and place the whole piece right side down. Place the quilted patchwork on top, right side up. Make sure the outer edges of all pieces are aligned. Pin or tack (baste) the layers together and then bind as normal. As you sew the binding in place it will fix the other layers together. Press the cover and insert a pillow pad to finish.

Fig H Making up the cover

