

Kimono Girls Quilt

(Grey colourway)

Nine of the cutest little girls in kimonos are waiting to greet you in this lovely quilt. The blocks are all made the same way, but in nine different colourways. Simple sashing frames the blocks. Another version of this quilt in pretty blue and sage colours is available from www.tildasworld.com.

Materials

- Fabric 1: 3¹/₄yd (3m) Solid rain grey (120032)
- Fabric 2: ³/₄yd (75cm) Solid dark granite (120033)
- Fabric 3: ³/₄yd (75cm) Solid warm sand (120002)
- Fabric 4: 1/8 yd (15cm) Gingdot eggnog (100226)
- Fabric 5: 5/8yd (40cm) Marylou rose (100233)
- Fabric 6: ¹/₄yd (25cm) Meadow slate (130088)
- Fabric 7: 1/8yd (15cm) Gingdot teal (100240)
- Fabric 8: ¹/₄yd (25cm) Flowerbees eggnog (100228)
- Fabric 9: \(\frac{1}{4}\text{yd} \) (25cm) Meadow rose (130081)
- Fabric 10: 1/8 yd (15cm) Gingdot rose (100232)
- Fabric 11: ¹/₄yd (25cm) Primrose green (100238)
- Fabric 12: 1/8 yd (15cm) Meadow teal (130086)
- Fabric 13: 1/8 yd (15cm) Gingdot blue (100224)
- Fabric 14: 1/4yd (25cm) Flowerbees teal (100236)
- Fabric 15: ¹/₄yd (25cm) Meadow honey (130083)
- Fabric 16: ¹/₄yd (25cm) Marylou blue (100225)
- Fabric 17: ¹/₄yd (25cm) Meadow peach (130087)
- Fabric 18: ¹/₄yd (25cm) Charlene rose (100231)
- Fabric 19: ¹/₄yd (25cm) Primrose pink (100234)
- Fabric 20: ¹/₄yd (25cm) Flowerbees rose (100235)
- Fabric 21: ¹/₄yd (25cm) Primrose teal (100222)
- Fabric 22: 5in (12.7cm) square Primrose eggnog (100230)
- Fabric 23: 7in (17.8cm) square Charlene blue (100223)
- Fabric 24: 5in (12.7cm) square Charlene green (100237)
- Fabric 25: 5in (12.7cm) square Marylou green (100239)
- Fabric 26: 5in (12.7cm) square Marylou honey (100227)
- Fabric 27: 5in (12.7cm) square Charlene honey (100229)
- Backing fabric 5yds (4.6m) Meadow pink (130082)
- Binding fabric 5/8yd (60cm) Marylou honey (100227)
- Wadding (batting) 70in x 87in (178cm x 221cm)
- Piecing and quilting threads
- Quilter's ruler, rotary cutter and mat
- Freezer paper and fabric glue for appliqué
- Black embroidery cotton (floss) for embroidering eyes

Finished Size

62in x 78½in (157.5cm x 199.4cm) after binding

Fabric Note

Where a long eighth or long quarter of a yard is given in the Materials list you could use fat eighths and fat quarters instead. A fat eighth is assumed to be approximately 10½ in x 18in (26.7cm x 45.7cm) and a fat quarter approximately 21in x 18in (53.3cm x 45.7cm).

Notes

- Fabric quantities given are based on a usable width of 42in (107cm).
- Measurements are in imperial inches with metric conversions in brackets use only *one* system throughout (preferably inches).
- Press all fabrics before cutting.
- Use ¼in (6mm) seams unless otherwise instructed.
- Read all the instructions through before you start.

Quilt Layout

1 The quilt is made up of a single Kimono Girl block, but made in nine different colourways. The blocks are separated by two different widths of sashing strips. See **Fig A** for the fabrics used and **Fig B** for the quilt layout. **Fig C** shows the layout and the cut pieces needed for one block. **Fig D** shows the fabrics used for the nine block colourways and **Fig E** the fabrics used for the appliqué flowers.

Fig A Fabric swatches (grey quilt)



Fig B Quilt layout



Cutting Out

2 A Kimono Girl block is made up of many pieces, with the layout and sizes to cut given in **Fig** C. Seam allowances of ¼in (6mm) are included in the sizes given. There are many triangles in the block but these shapes are all cut from squares and rectangles to begin with. You will probably find it easier to cut the pieces and make the blocks one at a time. Follow **Fig** C carefully when cutting the fabric pieces and refer to **Fig** D and **Fig** E for the correct fabrics to use.

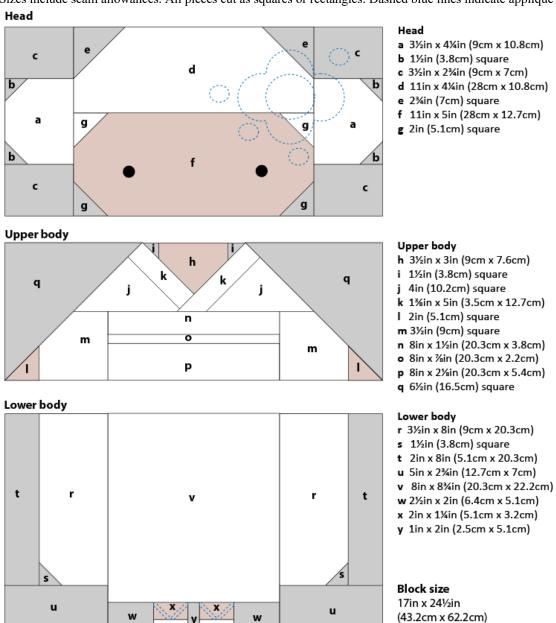
3 From Fabric 1, for the vertical sashing cut twelve strips $3\frac{1}{2}$ in wide x $24\frac{1}{2}$ in high (9cm x 62.2cm). Cut these from the length of the fabric.

From Fabric 1, for the horizontal sashing cut eight strips 31½in (79.4cm) wide x 2in (5.1cm) high. Cut these from the width of the fabric. Sew these strips together in pairs, to make four long strips 62in x 2in (157.5cm x 5.1cm).

- 4 Cut the backing fabric across the width into two pieces. Using a ½in (6mm) seam, sew together along the long side and press the seam open. Trim to a piece about 70in x 87in (178cm x 221cm).
- 5 Cut the binding fabric into eight strips $2\frac{1}{2}$ in (6.4cm) x width of fabric. Sew the strips together end to end and press seams open. Press the binding in half along the length, wrong sides together.

Fig C Layout and cutting for a Kimono Girl block

Sizes include seam allowances. All pieces cut as squares or rectangles. Dashed blue lines indicate appliqué positions



(unfinished)

Fig D Fabrics used for Kimono Girl blocks Numbers indicate fabrics used (see **Fig A**). Refer to **Fig E** for the flower fabric numbers Make one of each block

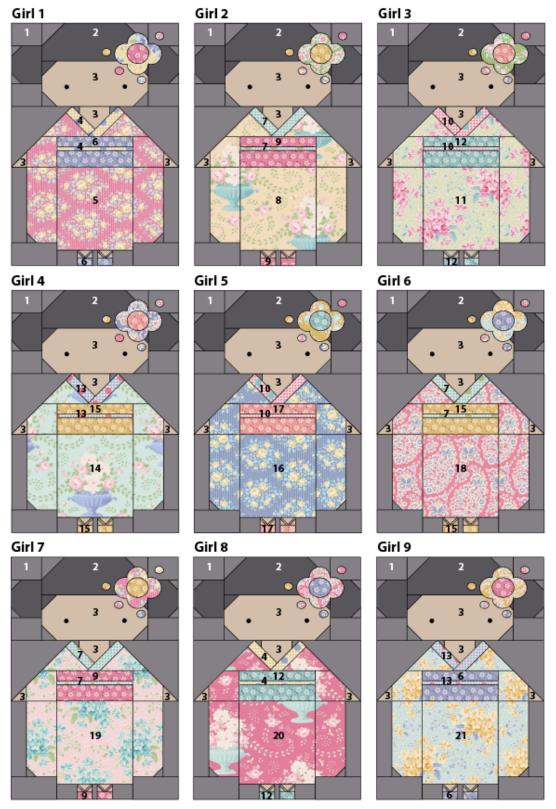
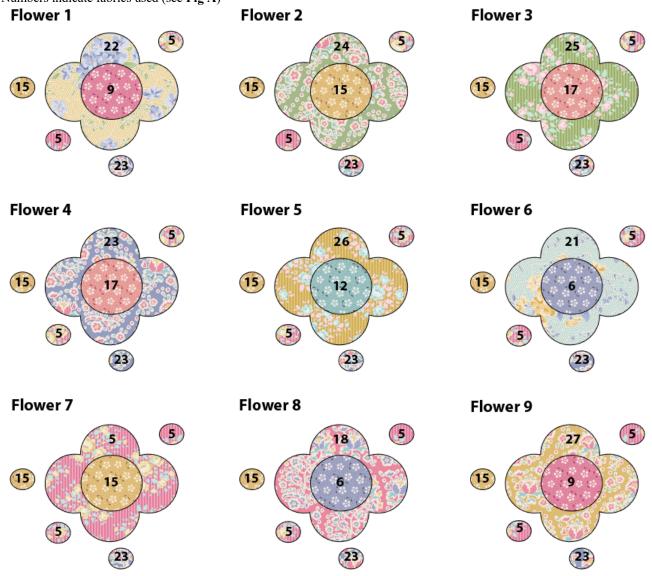


Fig E Fabrics used for flower appliqués Numbers indicate fabrics used (see **Fig A**)



Making a Kimono Girl Block

6 A Kimono Girl block is built up from three sections – head, upper body and lower body. Kimono Girl 1 block is described and illustrated in detail.

Making the Head Section

7 Lay out the pieces you have cut for the head section, **a** to **g**. Begin with the hair bun section, which is created by making **b** triangles on one side of one **a** square, as shown in **Fig F**. Pencil mark the diagonal line on the wrong side of the small squares and place one square right sides together with the top left corner of the **a** rectangle and one in the bottom left corner, as shown. Pin if needed and then sew along the marked lines and trim off excess fabric ½in (6mm) outside the sewn lines. Press the triangles outwards. Repeat this to make a second hair bun section, but with the triangles on the right-hand side. Add **c** rectangles to the top and bottom of each hair bun (**Fig G**).

Fig F Making corner triangles

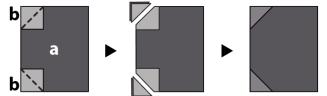
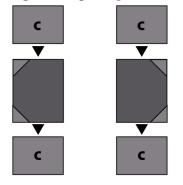
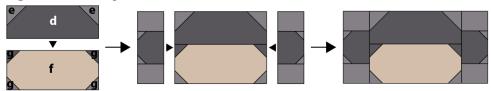


Fig G Completing the hair buns



8 To make the face and top of the hair, this triangle corner technique is used again, as shown in **Fig H**. Take a **d** rectangle and make a triangle in the top left corner with an **e** square of Fabric 1. Repeat on the other side of the rectangle. Take an **f** rectangle of Fabric 3 and four small **g** squares (two of Fabric 2 and two of Fabric 1). Create triangles on all four corners of the face. Make sure you put the two different grey colours in the correct places. Now assemble the head as in **Fig H** and press.

Fig H Assembling the head



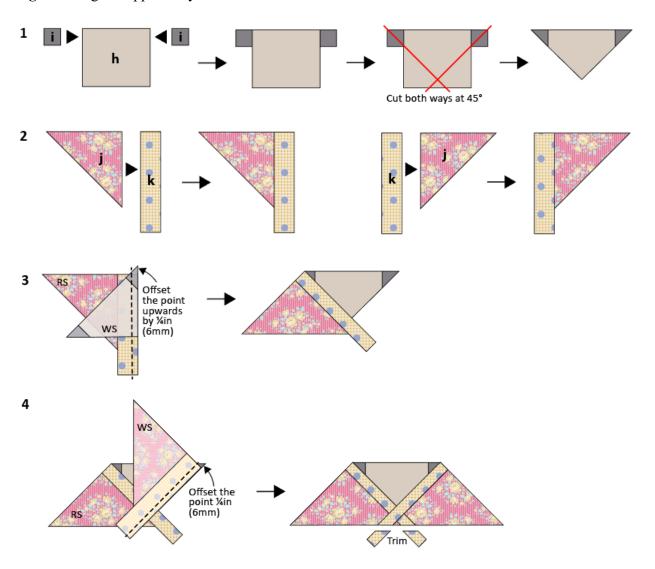
Making the Upper Body Section

9 There are quite a few stages to sewing the chest and neck area, so follow **Fig I** carefully. Start by taking one **h** rectangle and sewing one **i** square to each side, aligning the squares with the top of the rectangle (**Fig I 1**). Press and then use your quilter's ruler to cut each side of the unit at a 45-degree angle, cutting through the diagonal of the small squares as shown.

10 Now take one j piece and sew one k piece to the right-hand side, aligning the tops of the pieces, and press (Fig I 2). Repeat this to make a second unit but sew the k piece to the left-hand side.

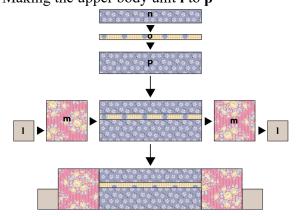
11 Take the triangular i/h/i unit and place it right sides together with the j/k unit, aligning the short straight edge of the triangular unit with the straight edge of piece k, but offsetting the triangular unit by ¼in (6mm) at the top. Fig I 3 shows how this point should project at the top. Sew the seam and press. Now take the other j/k unit and sew it to the other side of the triangular unit in the same way, as shown in Fig I 4. Press the unit and then trim off the excess fabric at the bottom.

Fig I Making the upper body unit h to k



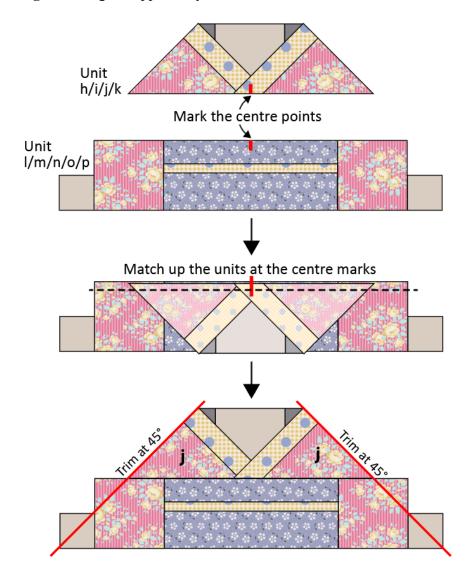
12 Make the waist area as shown in Fig J. Begin by sewing pieces n, o and p together. Now sew pieces l and m to each side of this unit.

Fig J Making the upper body unit l to p



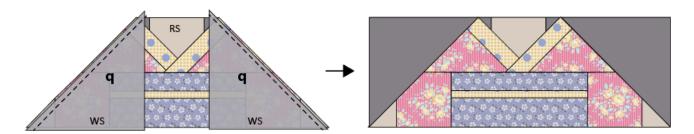
13 Join the upper body units together as shown in **Fig K**. Start by marking the centre points of each unit, as shown – you can crease a line or make a small mark with a pencil. Place the units right sides together, matching up the centre points, and then sew the seam. Open out and press the seam. Use your quilter's ruler to cut each side of the unit at a 45-degree angle, following the angle already cut on the **j** pieces, as shown.

Fig K Joining the upper body units



14 Finish the upper body unit by adding the \mathbf{q} pieces. To do this, take the $6\frac{1}{2}$ in (16.5cm) \mathbf{q} squares and cut them in half along one diagonal, to make two triangles from each square. (Reserve two of these triangles for another block later.) Take two triangles and place them right sides together with the upper body unit, aligning the long edge of the triangle with the angle at the side of the unit, as shown in Fig L – the points of the triangle should project out at the top and bottom. Pin the triangle in place, easing it to fit if need be, and then sew the seam and press the triangle outwards. Repeat with the other triangle on the other side.

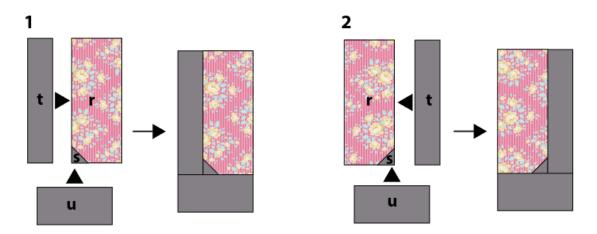
Fig L Completing the upper body



Making the Lower Body Section

15 Start by sewing the sides of the kimono, taking pieces **r**, **s**, **t** and **u** (see **Fig M**). Use the small **s** square to create a corner triangle on the bottom left corner of the **r** rectangle (using the same method as before in Step 7). Press the triangle downwards. Add piece **t** to the left side of unit **r**/**s** and then add piece **u** to the bottom (**Fig M 1**). Repeat this process to create a second unit, but this time reversing the positions of the pieces (**Fig M 2**).

Fig M Sewing the sides of the kimono



16 Make the feet as follows – the sandal straps are made with appliqué. Cut a Fabric 6 strip \(^3\)sin (1cm) wide x 4in (10.2cm) long. Apply a little fabric glue down the centre on the wrong side and then fold each long edge into the centre, overlapping them slightly so the strap ends up about \(^1\)sin (3mm) wide (Fig N 1). Cut it into two lengths. Take a piece x of Fabric 3 and fold it in half and make a crease. Position the little straps at 45-degree angles over the rectangle, as shown in Fig N 2, overlapping them as shown. Pin and then sew in place with small hand stitches and press. Trim excess strap fabric from the edges (Fig N 3). Sew an x piece of Fabric 6 to the bottom (Fig N 4). Repeat this process to make another foot unit.

17 Sew the feet units together with two w pieces and one y piece, as shown in Fig O.

Fig N Making the sandals

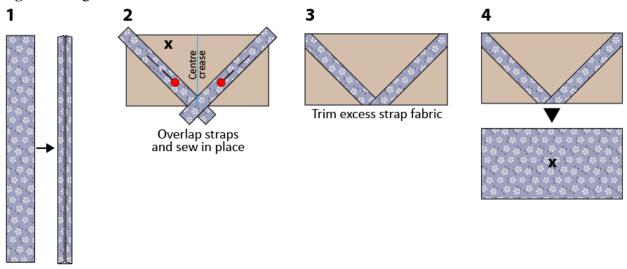
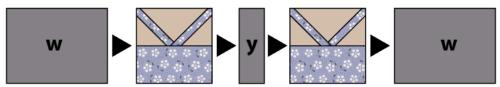
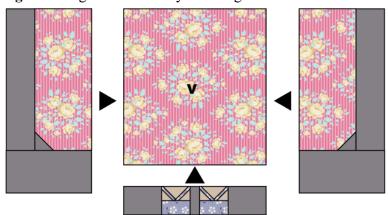


Fig O Sewing the feet units together



18 Now sew the lower body units together, sewing the feet to piece v first and then adding the side units (Fig P).

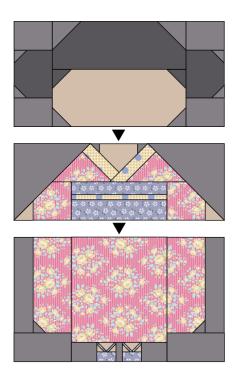
Fig P Sewing the lower body units together



Assembling the Block

19 Take the three pieced units you have made and sew them together as shown in Fig Q. Press and check that the block is $17 \text{in } \times 24 \frac{1}{2} \text{in } (43.2 \text{cm } \times 62.2 \text{cm})$.

Fig Q Assembling the block



Making the Flower Appliqué

20 The flower arrangement in the girl's hair consists of six shapes in total – one petal shape, one large oval and four small ovals. The appliqué is made using a paper piecing method. You could use paper for the patterns but it is easier to use freezer paper, as this can be temporarily fused to the fabric. The patterns are supplied without a seam allowance, as this is added when the fabric shape is being cut. Kimono Girl block 1 is described in detail. Change fabrics for the appliqué as shown in Fig E.

21 Copy the full-size patterns onto the non-shiny side of the freezer paper and cut out the shapes. Select the correct fabrics for the shapes – Fig R 1 shows those used for Kimono Girl 1. (Note that the small ovals of Fabrics 5, 15 and 23 are repeated on all of the Kimono Girl blocks.)

Use a moderate iron to fuse the freezer paper shapes onto the backs of the fabrics, placing the paper shapes shiny side down. Cut out the fabric shapes with about a ½ in (3mm) seam allowance.

Take the first shape and snip into the seam allowance at intervals around the fabric shape (Fig R 2) (don't cut right up to the paper). Smear a little fabric glue around the edges of the paper pattern and begin to fold and press the fabric edges over onto the paper. Continue like this all round the shape. Press well, remove the paper pattern and press again. Make the rest of the shapes using the same technique (Fig R 3). For the small ovals, using a pointed stick will help you turn the fabric edges.

22 When the appliqués are complete, hand sew them in place on the girl in the positions shown in Fig S. Use matching thread and tiny stitches to secure them. Sew the large oval in the centre of the flower shape.

23 Sew eyes onto the girl, using all six strands of the black embroidery cotton and French knots, with the thread wrapped twice around the needle. Secure the thread well at the back of the block.

Fig R Making the appliqués

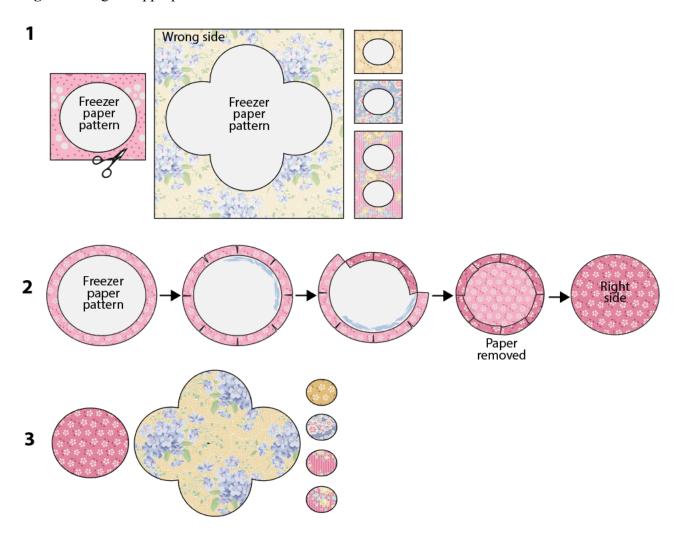
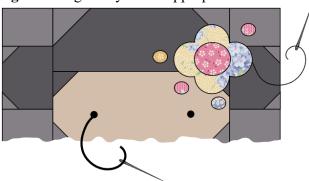


Fig S Adding the eyes and appliqués to the block



Making the Rest of the Blocks

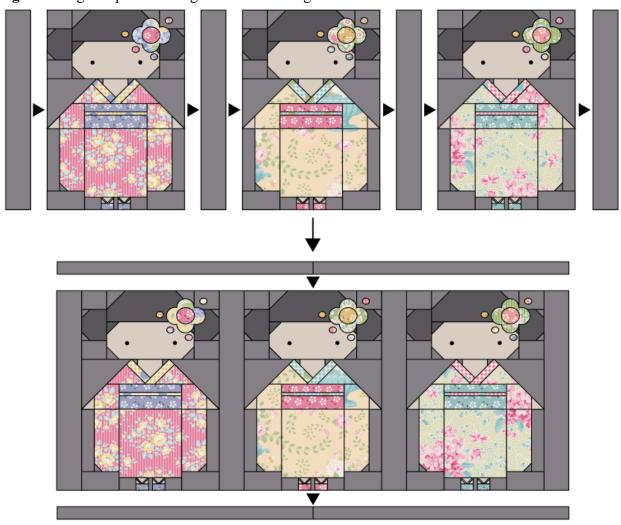
24 Make the other eight Kimono Girl blocks in the same way but changing fabrics as shown in Fig D and Fig E.

Assembling the Quilt

25 Take your nine Kimono Girl blocks and lay them out in rows as shown in Fig B. Arrange the vertical sashing strips between the blocks and at each end. The first row is shown in detail in Fig T. Sew each row together and press.

26 Now add the horizontal sashing strips between each block row and at the top and bottom of the quilt, and press. The quilt top is now complete.

Fig T Sewing the quilt rows together with sashing



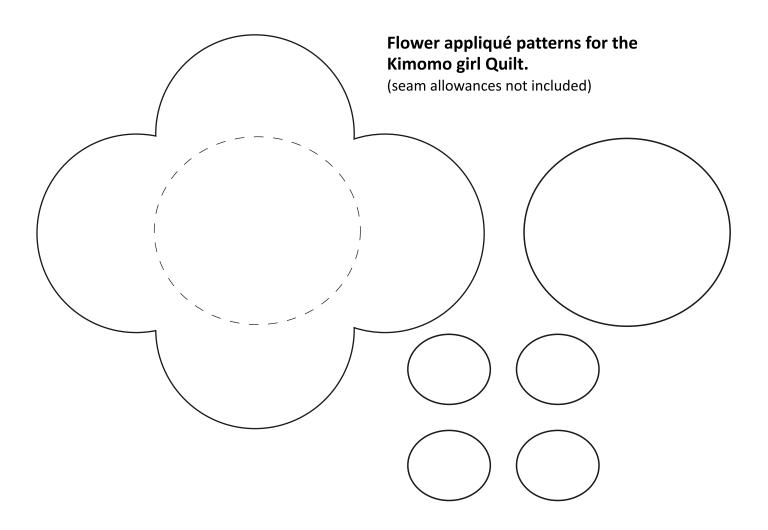
Quilting and Finishing

27 If you are quilting the quilt yourself you now need to make a quilt sandwich – you can do this in various ways, as follows.

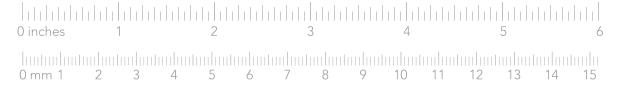
- Use large stitches to tack a grid through the layers of the quilt in both directions, with lines about 4in (10cm) apart.
- Use pins or safety pins to fix the layers together.
- Use fabric glue, sprayed onto the wadding to fix the layers together.

If you are sending the quilt off to be commercially long-arm quilted you won't need to make a sandwich, as this is done when the quilt is mounted on the machine. When the layers of the quilt are secured you can quilt as desired.

- 28 Use the prepared double-fold binding strip to bind your quilt. Sew the binding to the quilt by pinning the raw edge of the folded binding against the raw edge of the quilt. Don't start at a corner. Using a ¼in (6mm) seam, sew the binding in place, starting at least 6in (15.2cm) away from the end of the binding. Sew to within a ¼in (6mm) of a corner and stop. Take the quilt off the machine and fold the binding upwards, creating a mitred corner. Hold this in place, fold the binding back down and pin it in place. Begin sewing the ¼in (6mm) seam again from the top of the folded binding to within ¼in (6mm) of the next corner and then repeat the folding process. Do this on all corners. Leave a 6in (15.2cm) 'tail' of unsewn binding at the end.
- 29 To join the two ends of the binding, open up the beginning and end of the binding tails, lay them flat and fold the ends back so the two ends touch. Mark these folds by creasing or with pins this is where your seam needs to be. Open out the binding and sew the pieces together at these creases. Trim off excess fabric and press the seam. Re-fold the binding and finish stitching it in place on the front of the quilt.
- **30** With the quilt right side up, use a medium-hot iron to press the binding outwards all round. Now begin to turn the binding over to the back of the quilt, pinning it in place. Use matching sewing thread and tiny stitches to slipstitch the binding in place all round, creating neat mitres at each corner. Press the binding and your gorgeous quilt is finished.



Please check this ruler to ensure that you are printing in 100%. Pages are made in A4.





Kimono Girls Quilt

(Blue sage colourway)

Sweet little girls in colourful kimonos make a lovely display in this quilt. The blocks are all made the same way, but in nine different colourways. Simple sashing frames the blocks. The materials, cutting out and block colourways are supplied here, but the full instructions for making the quilt are given in the grey version of the quilt – see www.tildasworld.com.

Materials

- Fabric 1: 3¹/₄yd (3m) Solid blue sage (120008)
- Fabric 2: ³/₄yd (75cm) Solid dark granite (120033)
- Fabric 3: ³/₄yd (75cm) Solid warm sand (120002)
- Fabric 4: 1/8 yd (15cm) Gingdot eggnog (100226)
- Fabric 5: 5/8 yd (40cm) Marylou rose (100233)
- Fabric 6: ¹/₄yd (25cm) Meadow slate (130088)
- Fabric 7: ½yd (15cm) Gingdot teal (100240)
- Fabric 8: ¹/₄yd (25cm) Flowerbees eggnog (100228)
- Fabric 9: 1/4yd (25cm) Meadow rose (130081)
- Fabric 10: \(\frac{1}{8}\text{yd} \) (15cm) Gingdot rose (100232)
- Fabric 11: ¹/₄yd (25cm) Primrose green (100238)
- Fabric 12: 1/8 yd (15cm) Meadow teal (130086)
- Fabric 13: 1/8 yd (15cm) Gingdot blue (100224)
- Fabric 14: ¹/₄yd (25cm) Flowerbees teal (100236)
- Fabric 15: \(\frac{1}{4}\text{yd} \) (25cm) Meadow honey (130083)
- Fabric 16: ¹/₄yd (25cm) Marylou blue (100225)
- Fabric 17: ¹/₄yd (25cm) Meadow peach (130087)
- Fabric 18: \(\frac{1}{4}\text{yd} \) (25cm) Charlene rose (100231)
- Fabric 19: ¹/₄yd (25cm) Primrose pink (100234)
- Fabric 20: ¹/₄yd (25cm) Flowerbees rose (100235)
- Fabric 21: ¹/₄yd (25cm) Primrose teal (100222)
- Fabric 22: 5in (12.7cm) square Primrose eggnog (100230)
- Fabric 23: 7in (17.8cm) square Charlene blue (100223)
- Fabric 24: 5in (12.7cm) square Charlene green (100237)
- Fabric 25: 5in (12.7cm) square Marylou green (100239)
- Fabric 26: 5in (12.7cm) square Marylou honey (100227)
- Fabric 27: 5in (12.7cm) square Charlene honey (100229)
- Backing fabric 5yds (4.6m) Meadow yellow (130084)
- Binding fabric 5/8yd (60cm) Marylou green (100239)
- Wadding (batting) 70in x 87in (178cm x 221cm)
- Piecing and quilting threads
- Quilter's ruler, rotary cutter and mat
- Freezer paper and fabric glue for appliqué
- Black embroidery cotton (floss) for embroidering eyes

Finished Size

62in x 78½in (157.5cm x 199.4cm) after binding

Fabric Note

Where a long eighth or long quarter of a yard is given in the Materials list you could use fat eighths and fat quarters instead. A fat eighth is assumed to be approximately 10½ in x 18in (26.7cm x 45.7cm) and a fat quarter approximately 21in x 18in (53.3cm x 45.7cm).

Notes

- Fabric quantities given are based on a usable width of 42in (107cm).
- Measurements are in imperial inches with metric conversions in brackets use only *one* system throughout (preferably inches).
- Press all fabrics before cutting.
- Use ¼in (6mm) seams unless otherwise instructed.
- Read all the instructions through before you start.

Quilt Layout

1 The quilt is made up of a single Kimono Girl block, but made in nine different colourways. The blocks are separated by two different widths of sashing strips. See **Fig A** here for the fabrics used and **Fig B** for the quilt layout. **Fig C** shows the layout and the cut pieces needed for one block. **Fig D** shows the fabrics used for the nine block colourways and **Fig E** the fabrics used for the appliqué flowers.

Fig A Fabric swatches (blue sage quilt)

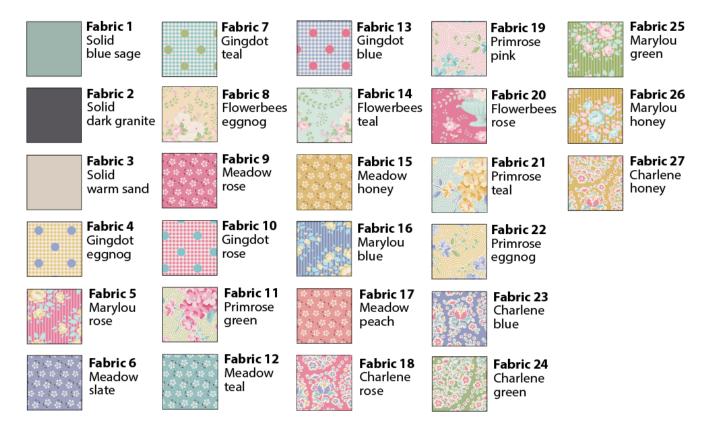


Fig B Quilt layout



Cutting Out

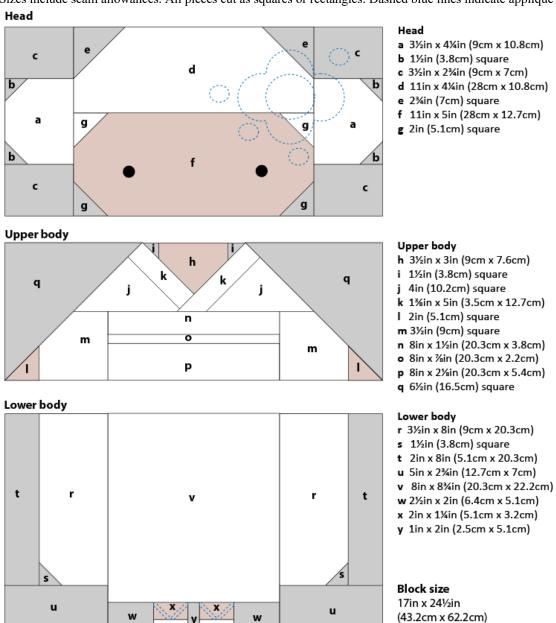
- 2 A Kimono Girl block is made up of many pieces, with the layout and sizes to cut given in Fig C here. Seam allowances of ¼in (6mm) are included in the sizes given. There are many triangles in the block but these shapes are all cut from squares and rectangles to begin with. You will probably find it easier to cut the pieces and make the blocks one at a time. Follow Fig C carefully when cutting the fabric pieces and refer to Fig D and Fig E here for the correct fabrics to use.
- **3** From Fabric 1, for the vertical sashing cut twelve strips $3\frac{1}{2}$ in wide x $24\frac{1}{2}$ in high (9cm x 62.2cm). Cut these from the length of the fabric.

From Fabric 1, for the horizontal sashing cut eight strips 31½in (79.4cm) wide x 2in (5.1cm) high. Cut these from the width of the fabric. Sew these strips together in pairs, to make four long strips 62in x 2in (157.5cm x 5.1cm).

- 4 Cut the backing fabric across the width into two pieces. Using a ½in (6mm) seam, sew together along the long side and press the seam open. Trim to a piece about 70in x 87in (178cm x 221cm).
- 5 Cut the binding fabric into eight strips $2\frac{1}{2}$ in (6.4cm) x width of fabric. Sew the strips together end to end and press seams open. Press the binding in half along the length, wrong sides together.

Fig C Layout and cutting for a Kimono Girl block

Sizes include seam allowances. All pieces cut as squares or rectangles. Dashed blue lines indicate appliqué positions



(unfinished)

Fig D Fabrics used for Kimono Girl blocks Numbers indicate fabrics used (see **Fig A**). Refer to **Fig E** for the flower fabric numbers Make one of each block

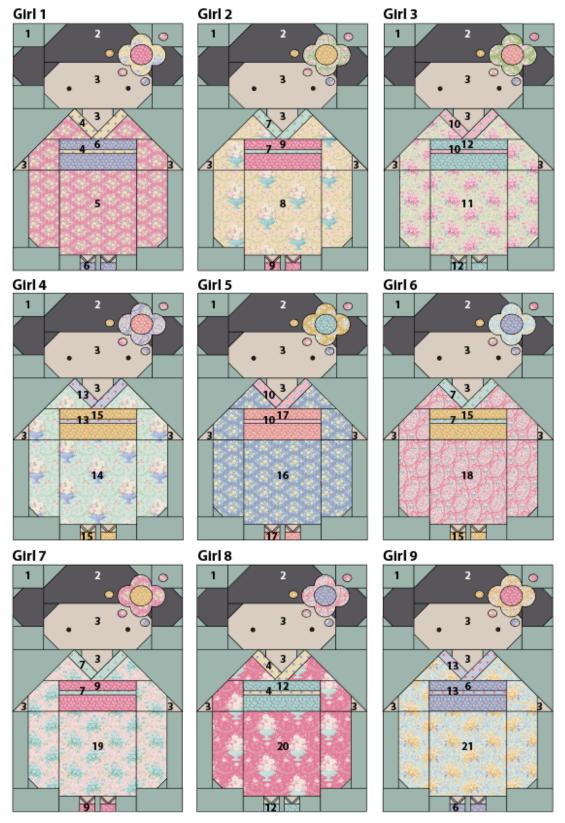
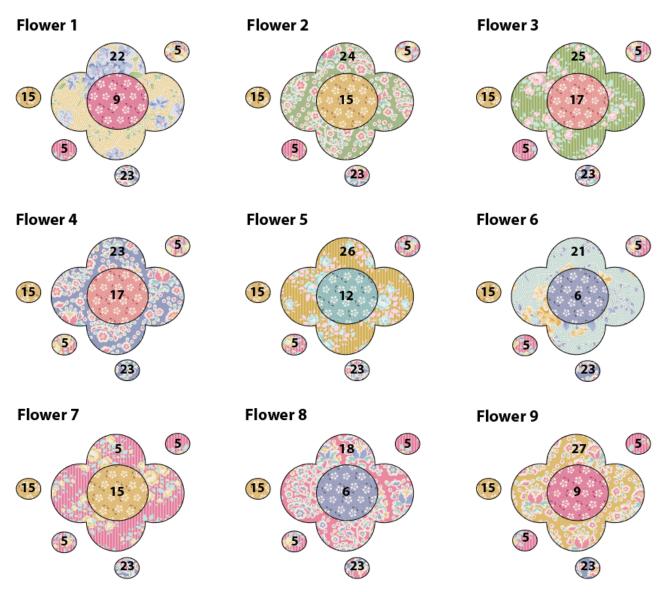


Fig E Fabrics used for flower appliqués Numbers indicate fabrics used (see **Fig A**)



Making the Blocks

6 A Kimono Girl block is built up from three sections – head, upper body and lower body. Apart from the background colour, the blocks are made in exactly the same as the grey version of the quilt, so follow Steps 6 to 24 of that quilt to make the blocks.

Assembling the Quilt

7 To assemble the quilt follow Steps 25 and 26 in the grey version of the quilt.

Quilting and Finishing

8 To quilt and finish off the quilt follow Steps 27 to 30 in the grey version of the quilt.